

JULY 2026



The Trudge

Sunshine Coast Bushwalking Club
Established 1975



CLUB MEETINGS

First Monday of the month (excl Jan.)

Time:

7:00pm – walk sign on opens

7:30pm – meeting commences with refreshments following

Where:

Buderim Craft Cottage
5 Main St, Buderim

Committee Members 2025 -2026

President:

Carolyn Farrington

pres@scbwc.com

Vice President:

Samantha Rowe

vp@scbwc.com

Secretary:

Ingrid Eksteen

sec@scbwc.com

Treasurer:

Maree Bell

treas@scbwc.com

Activities Coordinator:

Melissa Sibbel

activities@scbwc.com

New Member Officer:

Karen Edwards

enquiry@scbwc.com

Grants Officer:

Peter Fowler

grants@scbwc.com

Non-Committee Positions

Hire Equipment Officer:

Garry Carr

guznez6@gmail.com

Trudge Editor:

Chris Vieraitis

trudge@scbwc.com

Abseiling Coordinator

Peter Fowler

grants@scbwc.com

Librarian:

Judy Rimmelzwaan

cooroora35@gmail.com

Refreshments Officer:

Trish Davis

Email enquiry@scbwc.com if you are unsure of whom to contact. They will forward your query to the appropriate individual.

Please send walk reports and photographs to trudge@scbwc.com

Members should email enquiry@scbwc.com if they are not receiving general email communications from the SCBWC.

June Activities

3 rd	<i>Backyard Loops – Buderim Secret Trail (Petr Fowler)</i>	21 st	<i>Induction Hike – Emu Mountain (Karen Edwards)</i>
7 th	<i>SC Coastal Pathway – Caloundra to Bokarina (Sam Rowe)</i>	21 st	<i>Monthly Mountain Challenge – Kenilworth Bluff (Sam Rowe)</i>
7 th	<i>SC Coastal Pathway – Yaroomba to Coolum (Karen Edwards)</i>	25 th	<i>Backyard (not) Loops – North Maleny (Katherine Galligan) - CANCELLED</i>
12 th -14 th	<i>Kirby's Road Annual Camp (Joe Kirkpatrick)</i>	27 th	<i>Monthly Mountain Challenge – Mt Beerwah East (Peter Fowler)</i>
14 th	<i>Kirby's Road Escarpment Walk (Joe Kirkpatrick)</i>	28 th	<i>Monthly Mountain Challenge – Mt Cooroora – slow & steady (Doone Collins)</i>
17 th	<i>Introductory Abseil for beginners - Tinbeerwah (Peter Fowler)</i>		

Slow and Steady Up – Tibberoowuccum (from 24 May)



We began the day in the Mt Tibroggagan carpark secretly happy we weren't climbing it, instead we were to climb Mt Tibrowoocucum. I personally had never heard of it but many of the group had tackled it before including our fearless leader Kate. After our briefing and a clean of our boots, the ten of us were on our way.

Firstly, we made our way along the bush track where the chatter soon dissipated to heavy breathing. We finally arrived at the base of the mountain where Kate tells us they have put in a new path. We all headed up in single file along the newly formed path which was dirt – not the concrete and steps I was picturing!

The ascent was a "slow and steady" 2km with a 170m elevation scramble. We arrived at the summit safely with views that didn't disappoint! At the top, we all found a rock to sit on and eat our morning tea while enjoying the stunning views with excellent company.



After a few happy snaps, it was time to head down via another track down. After using our 3 anchor points to scramble down the first section we were back at our cars before we knew it. A big thank you to our awesome leader Kate Russo and everyone who came out for a lovely morning.

Sandra Bin

SC Coastal Pathway – Caloundra to Bokarina Beach (Stage 1)

The Sunshine Coast Coastal Pathway is a coastline path that goes from Bells Creek to Noosa and the club plans to walk the Caloundra to Noosa in sections / stages during 2026. Eight members and two prospective members met with overcast (and a few rain drops) at Bokarina Beach where we walked up to Nicklin Way to catch the bus south (for \$0.50). Whilst at the bus stop, Phil and Louise Pratt (Life Members) cycled past to say hello to us all. Great to see them both. Bus arrived on time, and the bus driver commented he had never picked up so many people at that bus stop. Our trip to Caloundra Bus Station went smoothly.

The little drizzle upon our arrival had a few head to Lifeline to purchase a brollie (JIC). When we arrived at Bulcock Beach, we met another five club members (Joe, Helen, Alf, Garry and Neralie) who were recovering from injuries or illness who were to join us on the Bulcock Beach to Shelley Beach section. An early morning tea at Shelley Beach taking advantage of the coffee cart and allowing us all to have a lovely catch up. After morning tea, our group of ten continued north, whilst Joe took his group back to Caloundra.

Our walk along the coastal path took us along all the little beaches and allowed us to see developments along the coast and upkeep of the coastal path area. The sun came out and made for pleasant walking conditions. Keeping an eye out for whales, when at Moffat Beach Headland, we met club member Alex and his wife enjoying the sunshine whilst walking south. Our walk finished around 1.30pm back at Bokarina Beach and time for a light snack.

Thanks to Renee, Kate, Lutz, Carolyn (1), Carolyn (2), Carly, Robert, Linda and Marilyn who came along for Stage 1.

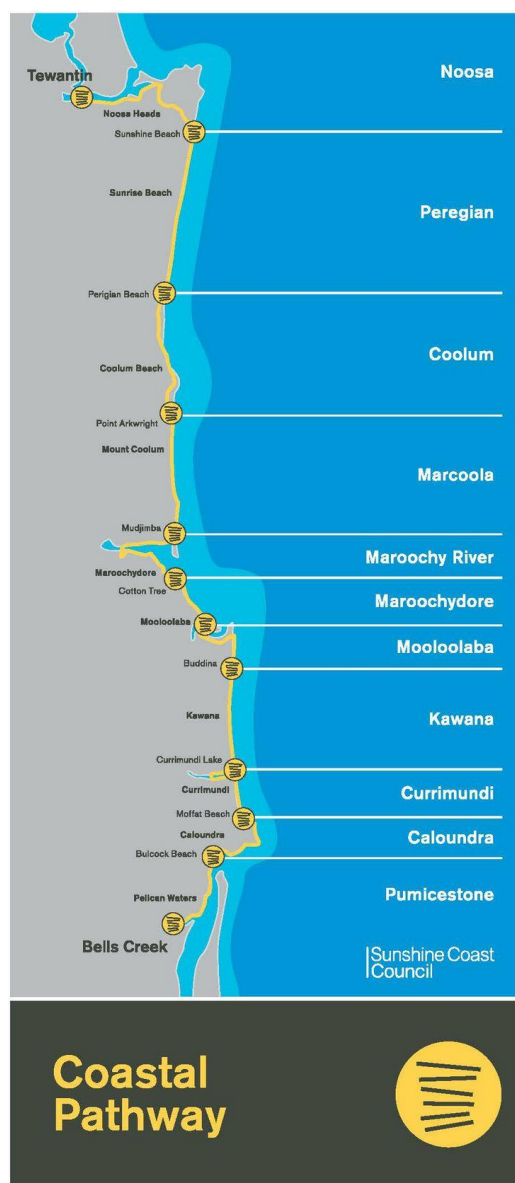
Stage 2 will be Bokarina Beach to Point Cartright so keep an eye out on the activities program for the confirmed date. The Sunshine Coast Council has a great interactive map on their website for each of the sections including the distance, toilets, parking and a description of the section for those wanting more information. This is the map of the full Coastal Pathway from Bells Creek to Tewantin.

Sam Rowe

Kirbys Road Annual Camp

Held on Kirbys Environmental Reserve, Obi Obi Valley, planned and lead by Joe Kirkpatrick.

A small group of helpers under the direction of Joe, set up the large tarp and gazebos, cooking gear and lighting on Friday in anticipation of a mix of rain and hopefully sunshine over the next couple days. The punters rolled up throughout the afternoon and evening, including Pam, Alex, Richard, Rod & Karren, Carolyn & Lutz, Damien, Gary, Russell & Vicky, Terry & Adam. Don joined us the next day.





This was an absolute treat to be sitting around a permitted fire each night hearing stories of old and new, and more than I ever needed to know about battery power tools. Very occasionally we ducked under the cover of the tarp to escape the drizzle, while the fire burned on regardless.

The days were spent walking and talking (as we do) on the local walks ie Witta/Shingles

track, investigating the newly developing group campground and "new toilet". Joe led us over the Dark Sky Track alignment (yet to be developed) and around the reserve. It was very interesting to learn of the progress Council and SCBWC is

making in the reserve and understanding some of the future planning.



This was an absolute cracker of a weekend if you like to chilli-out, enjoy the constant bird calls (especially Bell Birds at the campsite), socialise and stroll around a slice of nature designated for this very purpose.

Thank-you Joe for your time and effort in organising this event and not to mention your continual devotion in maintenance on this site.

NOTE: Spot the python in the last photo!!

Richard Hill



Kirby's Road Escarpment Walk

Joe led a morning walk for those of us who weren't fortunate enough to be able to camp at Kirby's for the weekend. We all arrived bright and early before the meeting time, keen to head up the hill to the top of the escarpment. The walk up was a fantastic gradient, with a few rocky steps to stretch the legs. Joe kindly pointed out a few orchids to keep an eye on in spring. A short snack break was taken at the seat at the top, before we wandered out to Schultz's Rd for a look.

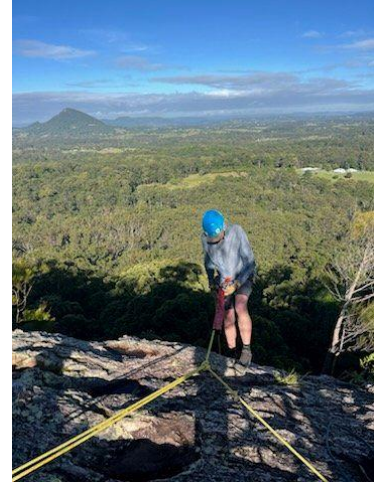
After making our way back down the same way, the group split with the majority heading across to the campground, where we were warmly welcomed around the campfire for a cuppa. Thank you and a well done to all involved in creating these trails at Kirby's.

Katherine Galligan

Introductory Abseil for Beginners – Tinbeerwah

A beginner's perspective

After signing the two-page waiver and a quick hair style change (apparently long hair can get caught in the rope. Argh!!) we kitted up and marched off. The view is stunning, especially on a clear day. Peter is so calm and methodical. He explained A (anchors), B (buckles), C (carabiners), D (device) and E (everything).



After watching the experienced climbers go over the edge, it was my turn. My first challenge was climbing the fence (... who knew my younger rule keeping self, did not prepare me for this.) Peter calmly working through ABCDE (thankfully, as I had forgotten most of it), it was my turn to step over the edge. I would love to claim that I took in the view and calmly descended, but truthfully it was more like “Keep breathing. You can do this” on repeat. Reaching the bottom and looking up. Wow! The adrenaline rush was real. The child like joy and happiness was amazing.

The scramble back to the top had my heart rate racing and me questioning my fitness! My second descent allowed me to look at the view (the cliff is so steep!) and even more fun. On reflection, I should have been more nervous but Peter's calmness and methodical ways together with the confidence and kind cheering from fellow climbers, I felt safe. I loved this experience, and I can't believe it has taken me this long to try abseiling.

Jo Duffy

Kenilworth Bluff



The walk incorporates a lot of steep ascents and descents. You climb a very steep stairway, 330 steps to be exact, then make a steep descent to a river bed, then cross the river to the other side of the Bluff. We decided to be very adventurous and picked another steep route to the top of the summit. A very moderately good view near the top and limited view at the top. After getting to the top of the climb, you find trackless bush trail (called the Wee Wee Trail). Some of us found it a challenging hike but we all pulled through okay. Elevation was 433metres and about 8klms in length. About 5 hours long. Great effort from all of us. Thank you Sam for organising the hike.



Alex Salvaterra

KENILWORTH BLUFF REVISITED

AUGUST 1985

A party of 24, young and old, experienced and beginners, gathered in Kenilworth at the gentlemanly hour of 9.00 am and set off in an impressive convoy towards Imbil. After a combersome car shuttle, enjoyed by everyone, especially Peter, the gang left several cars at the Wilcox property and began walking, at about 9.45, up a spur on the S.E. end of the Bluff. The going grew steadily steeper and rockier but all soon made it to the razorback to enjoy expansive views to the S.E. and E. over the town. Incredibly, the labrador belonging to the farm also made it up and enjoyed the stop. After a period of confusion during which the leader lead from the rear, we continued through open forest to have morning tea where a small stream plunges over the E. edge. Following this we proceeded past banksia shrubs and up a fern covered slope to the Trig. Point. Making good time, we (including the dog) pushed on (pushed the operative word at times) through blackboy and fern, keeping to the edge. We soon ~~came~~ across an old road going our way and followed this for the last kilometre to just behind the Bluff or "Duveirri". Here, all enjoyed the panoramic view, lunch, and a relax in the warm sun.

A bushfire burning intermittently below the Bluff sent up ~~wisps~~ wisps of smoke into the clear blue sky above the errie. On the return journey several males participated in the ritual of "The Finding of the Dam", where Peter proved his bushcraft skills by stalking a butterfly suspected of being a man eating wallaby. On level ground again, Jack tested his matador skills by walking unarmed and unharmed through a mob of horned heifers. Most then ended up at the Wilcox's farm again, bearing one very weary labrador - possibly the first dog to traverse the Bluff. Many thanks to Ian for his excellent sheep hearing skills, and to everyone for not falling off the Bluff.

- Bill Hill-McKay

Kenilworth Bluff history of club access

In the 1980's the club would access Kenilworth Bluff with the kind permission of the Wilcox family who at the time owned the Bluff, all the surrounding land was privately owned. In 1991, I was engaged by various land owners as a consulting surveyor to advise on land matters. One of my recommendations was to dedicate the Bluff to "Park" and provide public access. The large Wilcox land holding was subsequently subdivided to rural parcels with 64.4 hectares dedicated to "Park" which included the pathway access now incorporating those 330 steps. In later years council purchased another parcel of 59.5 hectares to add to the public land holdings of "Kenilworth Bluff" which is now known as the Wilcox Family Park.

Peter Fowler

Mt Beerwah East Route

The name Beerwah comes from the [Dungidau language](#) words "birra", or "sky", and "wandum", "climbing up".



Mount Beerwah, ca 1932

The weather was closely watched all week due to predicted showers for later in the week and Saturday. Friday afternoon, the decision was made to GO with a backup plan - a walk around the mountain if too wet on Saturday. Saturday turned out to be a good climbing day.

Here is what Artificial Intelligence says about the Beerwah East route.

"The route requires relentless hands-on rock scrambling, mandatory climbing sections, and navigating sheer vertical drops near the peak"



I'm glad i did not put that in the description, but it does have a few tricky climbing bits. We were up and down in 4 hours. Peter, Richard, Carolyn, Jon, Noela, Ross and David had fun.

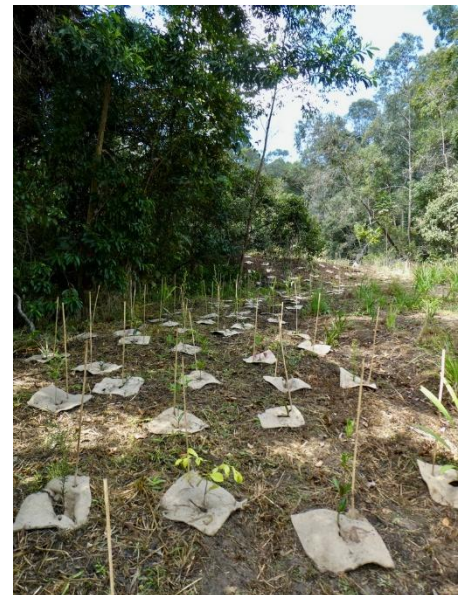
Peter Fowler

Track Maintenance - HOW, WHEN, WHERE AND WHY?

Track maintenance is an integral part of our club's activities and aligns with the core values we hold as a club and as individual members. If you haven't participated but think you may be interested, the following information should help clarify what is involved.

Let's start with the **WHEN** and **WHERE**

- ✓ The first Tuesday of each month is allocated to track maintenance on the Conondale Great Walk. Meeting at the rangers office at Kenilworth at 8am.
- ✓ The third Tuesday of each month is allocated to Kirby's Road Environmental Reserve. Meeting at the gate to the reserve at 8am.
- ✓ The third Thursday of each month is allocated to Mapleton National Park. Meeting at various access points at 8am.



HOW is this organised

If you nominate to join one of the teams (or all), you will be added to a mailing list and advised of the confirmed meeting time, if you need to bring lunch/morning tea, what work is hoped to be achieved and if car pooling can be arranged. The club provides the appropriate tools and volunteers bring their own gloves and if they wish secateurs.

Last but certainly not least is **WHY?**

Well it's done not for any accolades. However, it is nice to hear how much National Parks, Sunshine Coast Council and people we meet on the track appreciate the work we do. I think all of the volunteers on track maintenance really enjoy giving back to the community that we live in and actively caring for our precious environment. The many bonuses include the exercise we gain on track, working alongside like minded friends, a sense of accomplishment and seeing our hard work return positive results. This includes tree planting at Kirbys Road Environmental Park and revegetation at Mapleton National Park. Knowing that we can make a difference.



And for our clubSignificant grant funds have been raised through the club's reputation for volunteering on trail maintenance. These funds have enabled the club to provide training and purchase equipment. The invitation is there if you would like to join your fellow hiking buddies on any or all of the above. We always have a good day out!

Linda Gregory

EDITOR'S NOTE: *I will be away overseas for 6 weeks from 25 July and Katherine Galligan has kindly agreed to edit the Trudge for the month of August. So, please continue to send through your articles, walk reports and photos as soon as you can so that she has time to put it all together.*

Thanks and see you in September. In the meantime

HAPPY HIKING!

