

APRIL 2026



# The Trudge

Sunshine Coast Bushwalking Club  
Established 1975



## CLUB MEETINGS

First Monday of the month (excl Jan.)

### Time:

7:00pm – walk sign on opens

7:30pm – meeting commences with refreshments following

### Where:

Buderim Craft Cottage  
5 Main St, Buderim

Please note, when the first Monday falls on a public holiday the meeting will be held on the 2<sup>nd</sup> Monday

## Committee Members 2025 -2026

President:	Carolyn Farrington	<a href="mailto:pres@scbwc.com">pres@scbwc.com</a>
Vice President:	Samantha Rowe	<a href="mailto:vp@scbwc.com">vp@scbwc.com</a>
Secretary:	Ingrid Eksteen	<a href="mailto:sec@scbwc.com">sec@scbwc.com</a>
Treasurer:	Maree Bell	<a href="mailto:treas@scbwc.com">treas@scbwc.com</a>
Activities Coordinator:	Melissa Sibbel	<a href="mailto:activities@scbwc.com">activities@scbwc.com</a>
New Member Officer:	Karen Edwards	<a href="mailto:enquiry@scbwc.com">enquiry@scbwc.com</a>
Grants Officer:	Peter Fowler	<a href="mailto:grants@scbwc.com">grants@scbwc.com</a>

## Non-Committee Positions

Hire Equipment Officer:	Garry Carr	<a href="mailto:guznez6@gmail.com">guznez6@gmail.com</a>
Trudge Editor:	Chris Vieraitis	<a href="mailto:trudge@scbwc.com">trudge@scbwc.com</a>
Abseiling Coordinator	Peter Fowler	<a href="mailto:grants@scbwc.com">grants@scbwc.com</a>
Librarian:	Judy Rimmelzwaan	<a href="mailto:cooroora35@gmail.com">cooroora35@gmail.com</a>
Refreshments Officer:	Trish Davis	

Email [enquiry@scbwc.com](mailto:enquiry@scbwc.com) if you are unsure of whom to contact. They will forward your query to the appropriate individual.

Please send walk reports and photographs to [trudge@scbwc.com](mailto:trudge@scbwc.com)

Members should email [enquiry@scbwc.com](mailto:enquiry@scbwc.com) if they are not receiving general email communications from the SCBWC.

## March Activities

1 <sup>st</sup>	<i>Clean Up Australia Day – Nambour Petrie Park (Kate Russo)</i>	12 <sup>th</sup>	<i>Nest Box Monitoring Kirbys Environmental Reserve (Peter Fowler)</i>
1 <sup>st</sup>	<i>Coochin Twins (Ian Vinen)</i>	15 <sup>th</sup>	<i>Activities Calendar Planning Meeting – Foote Sanctuary (Melissa Sibble)</i>
1 <sup>st</sup>	<i>Induction Hike – Emu Mountain (Karen Edwards)</i>	20 <sup>th</sup>	<i>Mountain Creek Recreation Trail and Conservation Area (June Hughes)</i>
3 <sup>rd</sup>	<i>Full Moon Total Eclipse from Mt Coochin (Peter Fowler)</i>	20 <sup>th</sup> -22 <sup>nd</sup>	<i>Brisbane Valley Rail Trail Cycle Base Camp – Blackbutt (Sam Rowe)</i>
7 <sup>th</sup>	<i>Social Breakfast – Curlys on the Boardwalk Mt Coolum (Kate Russo)</i>	21 <sup>st</sup>	<i>Induction Hike – Emu Mountain (June Hughes)</i>
8 <sup>th</sup>	<i>Noosa National Park from Sunshine Beach (Doone Collins) – CANCELLED</i>	22 <sup>nd</sup>	<i>Charlie Moreland to Spikes Hut and Return (Russell Stark)</i>
8 <sup>th</sup>	<i>Mt Tibrogargon (Peter Fowler) – CANCELLED</i>	29 <sup>th</sup>	<i>Bridges of Brisbane River (Sam Rowe)</i>
11 <sup>th</sup>	<i>Hills of Buderim (Sam Rowe)</i>		

### Full Moon Total Eclipse from Mt Coochin



Six intrepid walkers donned head torches and enjoyed a great evening hike to watch the full moon total eclipse. We started by heading up Coochin East. The air was pleasantly cool, the views across to Caloundra lights were clear, and we were able to watch a ship heading north as we headed upwards. Surprising how much harder it is to walk on a simple track in semi darkness ..... stopped for a rest at the top and to watch the start of the eclipse and enjoy the stars.

Then down the saddle and up to Coochin West to enjoy the actual eclipse and yes it did go a reddish colour. John Lee got a star phone app out and we were educated on some of the names of the marvelous constellations. It felt somewhat surreal and pleasant to just be sitting under the night sky with the reddish moon.

We descended on an easier path. Very many thanks to our illustrious leader for organizing and leading this lovely and memorable full moon hike.

*Karin Thomas*



## Brisbane Valley Rail Trail Cycle Base Camp – Blackbutt

Cyclists – Sam, Clive, Adrian and Alex.

Accommodation host – club life member Don

Travel co-ordinator – club life member Joe.

Cycling Details:

Day 1 – Friday pm 19km Yarraman to Blackbutt

Day 2 – Saturday morning 35km Blackbutt to Moore

Day 3 – Sunday morning 12km Blackbutt circuit

Other activities:

Great sunset each night and campfire to enjoy

Blackbutt Hotel for lunch post ride Saturday

4WD tour of Don's property Saturday afternoon

A sky full of stars to devour whilst putting the body to rest.



Thanks to Don for sharing his property and facilities with us over the weekend and to Joe for transporting the cyclists and our bikes to the start of the rides Saturday and Sunday and collecting us at the end of them too.

*Sam Rowe*

## **Mountain Creek Recreation Trail and Conservation Area**

There was a big black cloud hovering over Mountain Creek but the decision was made to go ahead with the walk. A light shower cleared, allowing 7 prospective members to complete their second walk. We wandered along Mountain Creek, noticing a much higher level of water than usual and enjoyed the cooler weather. This was a previously unknown walk for the prospective visitors ... Dianne, Jo, Nicky, Toni, Mary Rose, Alan and Julie.

With 3 club members as well, (Melissa, Steven and Erica) that made a larger than usual group for a Friday...maybe it was the promise of a coffee at the end. It is interesting to hear people's stories of previous walks and where they have come from. We look forward to welcoming these bushwalkers into the club.

*June Hughes*

## **Induction Hike – Emu Mountain**



The next day 7 more prospective members lined up for the Emu Mountain Induction Activity. This was the second Induction Activity held in March as many people expressed an interest in joining the club. Again it was raining at the starting time but it quickly cleared away.

We followed Stumers Creek as far as the Coolum sports field then walked along a gravel track. There were thousands of tadpoles and tiny ?? frogs or maybe ?? toads in the water covering the track. The sun was out and the climb to the top was easy, with

great 360 degree views. There was lots of conversation on the return route to the cars.

Helen, Renee, Hans, Kerrie, Damian and Machel have now completed their first walk and we can look forward to seeing them on more walks. Frank McGreevy was a surprise addition, he was a past member of the club. Thanks to Michelle and Maree who informed the prospective members about activities with the club.

*June Hughes*

## **Charlie Moreland to Spikes Hut and Return**

This was a popular walk pre-Covid, and I had not done it since then. So decided a reece would be a good idea. I made my way to Spikes Hut ok, but the return via an alternate route was not as successful. The route I remembered was just not there! With a bit more effort, I realised the old 4x4 track running near the creek had been closed and with fallen timber and general regrowth from no use, was hard to locate. I did locate it and managed to walk the length. I determined after a second walk it would still be possible for club members and indeed provide some "fun".

6 walkers met at Charlie Moreland and headed via good forestry roads towards Spikes Hut. We got the hilly bit over first and our hearts pumping, at least a little. We then entered a closed road to make our first creek crossing, not too deep, but some white water around. Then to the second crossing and some motorbikes having just crossed, one having some minor repairs from a bit too much water. We did better in our crossing but certainly got wet legs. It was then a short walk to Spikes Hut. Now in very poor condition, firstly from termites and then a fire. We returned to the creek for morning tea.



After morning tea, we continued back the way we came with a small amount of rain – overall we had a fine mild day for our walk. We then continued near the creek and soon left the good road, going around a large fallen tree and onto a degraded track. In a somewhat open area, I lost the track and the going became rough as we tried to relocate the track. During this time Michelle got our attention with a nice

scream. While putting her foot down she encountered a soft object and quickly realized it was a python. We all came back to see the python slowly slithering away, looking none the worse for its encounter.



With a bit more effort I finally relocated our degraded track and managed to then stay on it! It provided good walking for much of its length but did have some more fallen trees to get over or around. Also trimming of lantana made the going easier. Oh yes also another 4-creek crossing. All enjoyed this section being a nice change from those well-formed tracks or as said by another walker, “as happy as a pig in mud”.



With the just under 15 km walk completed in under 5 hours, most of us enjoyed lunch at Charlie Mooreland, before heading for home. Thank you Judy, Michelle, Melissa, Christine C and Bev, for a most enjoyable day.

*Russell Stark*

## Bridges of Brisbane River

Eight enthusiastic club members met at Landsborough station before 6.30am, (all tapped on) excited for the train ride ahead. The Roma St train pulled in, and in carriage number 1 were two other club members. Our group for the day had all assembled. Russell, Clive, Damian, Rod, Chris, Toni, Lauren, Erica, Carolyn and Sam.

1.5 hours later we finally pulled into Roma Street Station. With the QLD Rail train changes, the planned train onwards to Milton, pulled out before we could board.

This meant when we did arrive at Milton Station after tapping off, we motored down Park Road Milton and reached the Milton Ferry Terminal and our ferry with a few minutes to spare. The leisurely 30 minute ferry ride down the Brisbane River gave us the chance to view Brisbane from the river and the bridges we were walking on the return.



Finally, after a little over two hours of transport, our walk began. Bridge 1 Storey Bridge and Bridge 2 Kangaroo Point Bridge were completed. Then it was time for morning tea in the City Botanical Gardens taking advantage of the market stalls for coffee. The walk around the lower path in the Botanical Gardens was done, so it was over Bridge 3 the Goodwill Bridge into Southbank. We followed the river taking advantage of the cool rainforest walk to Bridge 4 Neville Bonner Bridge. This bridge is the link

between Southbank and the new Star Casino. The Skydeck was beckoning and there was no queue at the lifts that took us up to the 23rd floor viewing platform. What a great view across Brisbane and all for free.

Back down to earth, we walked in front of the historical Brisbane buildings from 1866 and 1832 and onto Bridge 5 the Victoria Bridge. This also took us to the "BRISBANE" sign outside QPAC for a group shot with the city behind us. Following the river in front of the Art Gallery, State Library and GOMA we made our way to the Kureelpa Bridge, Bridge 6 with all its architectural delights. Being around lunchtime we walked up one of the hills to the Roma St Parkland to enjoy lunch, icecreams, delightful gardens and our 7th Bridge the Fern Gully Bridge.



It was then time to head back to Roma St Station and catch the busy 2.30pm train back up the coast. Thanks to all who joined me today on an enjoyable trip around Brisbane.

*Sam Rowe*



**HAPPY HIKING!**