

SEPTEMBER 2025



The Trudge

Sunshine Coast Bushwalking Club
Established 1975



CLUB MEETINGS

First Monday of the month (excl Jan.)

Time:

7:00pm – walk sign on opens

7:30pm – meeting commences with refreshments following

Where:

Buderim Craft Cottage
5 Main St, Buderim

Please note, when the first Monday falls on a public holiday the meeting will be held on the 2nd Monday

Committee Members 2024 -2025

President:

Linda Gregory

pres@scbwc.com

Vice President:

June Hughes

vp@scbwc.com

Secretary:

Ian Vinen

sec@scbwc.com

Treasurer:

Karen McNamara

treas@scbwc.com

Activities Coordinator:

Kate Russo

activities@scbwc.com

New Member Officer:

Maree Bell

enquiry@scbwc.com

Grants Officer:

Peter Fowler

grants@scbwc.com

Non-Committee Positions

Hire Equipment Officer:

Garry Carr

guznez6@gmail.com

Trudge Editor:

Chris Vieraitis

trudge@scbwc.com

Abseiling Coordinator

Peter Fowler

grants@scbwc.com

Librarian:

Gerard Gallop

cooroora35@gmail.com

Email enquiry@scbwc.com if you are unsure of whom to contact. They will forward your query to the appropriate individual.

Please send walk reports and photographs to trudge@scbwc.com

Members should email enquiry@scbwc.com if they are not receiving general email communications from the SCBWC.



50th Anniversary Year

SOME WORDS FROM THE PRESIDENT Your Club Needs You

We are now into August and as always, the year is disappearing fast. It is only three months until our next AGM in November. I doubt very much that I am alone in considering my time in the club has been an overwhelmingly positive one. There are many reasons for this and I am certain you will relate to them.

To name just a few:

- ❖ First and foremost would have to be the lovely people in our club, the great company we share and being able to participate in activities that can be really hard, moderately hard or just allow us to chill.
- ❖ Gaining knowledge from experienced activity leaders to enhance our skills, as well as being inspired to challenge ourselves in a safe and supportive environment.
- ❖ Opportunities to volunteer in environments that we love and care about, such as track maintenance, track building and tree planting.
- ❖ The provision of First Aid training for walk leaders.

All this and much more would not be possible without the generous volunteering spirit that has enabled our club to thrive and survive and to reach our 50th anniversary.

So I am appealing to anyone who might be seriously considering nominating for a committee position to please approach the person currently holding that position. Make a time to have a discussion about the position, what it involves and what the processes are. Also bear in mind that the current, as well as past committee members, are willing to offer their support, help and acquired knowledge to assist you.

It is imperative that the positions of President, Secretary and Treasurer are filled. It is a legal requirement and if they fail to be filled our club will cease to exist. At the present time the position of Treasurer has a nomination. However, remaining positions are yet to have nominations. I acknowledge that there is still time in hand until the AGM, but I need club members to seriously consider if they can help before that meeting. Of course nominees have to be confirmed by the club members' vote at the AGM. Detailed handover procedures will be made available to the successful nominees.

The future of the club is in your hands. I hope you can help.

Warm regards

Linda Gregory, Pres. SCBWC

August Activities

1 st	<i>Ferny Forest Hike (Helen Bernard)</i>	17 th	<i>Lobster Creek (Ross Thompson)</i>
2 nd	<i>Social Breakfast (Kate Russo)</i>	17 th	<i>Pamona to Cooran (almost) and return (Doone Collins)</i>
3 rd	<i>Above Gheerulla Falls A short creek walk (Peter Fowler)</i>	21 st -25 th	<i>Cooloola Great Walk – north to south (Kate Russo)</i>
3 rd	<i>Maleny Trail and Platypus Spotting (Katherine Galligan)</i>	22 nd	<i>Ewen Maddock Dam Bird Watching Hike (Marilyn Shrapnel)</i>
8 th	<i>Yandina Wetlands Bird Walk (Marilyn Shrapnel)</i>	24 th	<i>Mapleton Falls to Ubajee Camp (Russell Stark)</i>
10 th	<i>Alex Forest Conservation Area (Tania Walsh) - CANCELLED</i>	25 th -27 th	<i>Mt Barney up Logan's Ridge down South East Ridge (Ross Thompson) - POSTPONED</i>
10 th	<i>Introductory Abseil Mt Tinbeerwah (Peter Fowler) - CANCELLED</i>	30 th	<i>Mt Coolum from Marcoola Beach (Michele Johns)</i>
13 th	<i>Mt Tibrogargon East Face Abseil (Peter Fowler)</i>	31 st	<i>Mt Tinbeerwah Circuit (Helen Bernard)</i>
14 th	<i>Planting Day SC Hinterland Great Walk (Peter Fowler)</i>	31 st	<i>Lower York Creek Yandina (Peter Fowler)</i>
15 th -18 th	<i>Conondale Range Great Walk (Rod Edwards)</i>		<i>Fitness walks on a Wednesday Weekly</i>

Ferny Forest

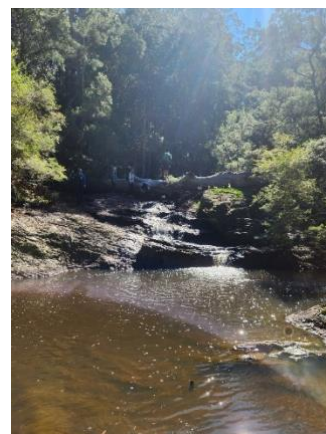
Friday morning in Ferny Forest. This aptly named 11km walk is a little treasure. Very easy and very pretty especially with the emerging wildflower blooms. Thanks for leading Helen and thanks for the company of our fellow hikers.



Above Gheerulla Falls



If you were not on this walk, you missed a little gem. Cool weather greeted six walkers keen to follow our esteemed leader, Peter Fowler. A short drive along Delicia Road and then a short downhill walk saw us arrive at the turn off to Gheerulla Falls. The falls were flowing well which is not surprising considering the amount of persistent rain we have received these last couple of months or should I say years?



A scramble through the bush to the top of the falls began our adventure. Gheerulla Creek was full of unique rock formations, wonderful orchids, thousands of grasstrees some taller than our leader and picturesque waterfalls with large inviting waterholes. If only it was summer! This was a creek that kept on giving in regards to waterfalls. All too soon we hit a dirt track and

headed off uphill to find our cars still parked where we left them. In all, we had completed a very enjoyable four kilometres in under four hours. Thank you Peter for a great walk that I hope to return to soon.

Jon Lee

Maleny Trail and Platypus spotting

Seven eager hikers gathered at the Maleny Showgrounds on a crisp, breezy morning (a chilly 7°C!) that soon warmed into ideal walking weather. The highlight came early: Not far into our walk along Obi Obi Creek, we struck gold—two incredible platypus swimming right before our eyes! These oddball—egg-laying, duck-billed, beaver-tailed, even venomous animals—put on a show, through the water in all their quirky, delightful glory.



Guided by Kathrine, our group walked nearly 7 km along the scenic Maleny Trail. The path took us through towering woodlands, past lush meadows (okay, fine—a golf course), and alongside Obi Obi Creeks. The mix of paved and natural pathways made for a relaxing sociable hike.



A huge thanks to our fantastic group—Katherine, Russell, Mimie, Rod, Sam and visitors Richard and Karen, —for the great company and shared conversation. What a perfect morning—wildlife encounters, stunning scenery, and wonderful people. Thanks for leading us, Kathrine!

Rod Jenman

Yandina Wetlands Bird Walk

Despite the threatening weather, 7 of us met at the Yandina Wetlands, hoping the rain might hold off for our bird walk. Although the heavens opened just as we were about to head out, that soon cleared, and we had no further rain for the rest of our walk. The walk out to the main lagoon was very relaxed and enjoyable, and, although the gloomy weather undoubtedly affected the number and activity of the birds, we still saw 15 different species, with my favourite probably being the very beautiful mistletoe bird. After our walk, some of us proceeded to the Fairhill Nursery where we enjoyed a very pleasant morning tea.

Marilyn Shrapnel

Mt Tibrogargan East Face Abseil



Good things come to those that wait. The weather gods were finally kind for our rescheduled abseil on Mt Tibrogargan. Of course, before you can abseil down a mountain, one must do the climb up. This is what Peter Fowler (leader), Katherine, Cheryl and I did on the “tourist track” making it to the summit for morning tea. Whilst it was midweek (EKKA Show Day) there were a few walkers and climbers out on the mountain.

We then heading back to the north east side of the mountain to begin the first of four pitch abseils. Peter decided we would abseil one of the caves first up which I admit was pretty scary with a bit of



exposure to begin. We all successfully completed this first abseil including the free fall over the cave and then the 2nd, 3rd and 4th pitches. Each site is different with regards to the area to prep in, terrain to abseiling over and the angle. They all give a great view and an exhilarating thrill once your feet are back on almost solid ground.





Little rock orchids on the cliff face were also out enjoying the sunshine.

After we had completed our abseiling journey we were walking back to the climbers carpark when the thunder started to roll in, and the storm unleashed once we were back at Glasshouse Mountains township. Timing is everything. Thanks to my fellow adventurers for a fun, safe and very satisfying activity.

Sam Rowe

Tree Planting in Mapleton NP

Linda Gregory



Today seven club members along with park rangers returned to an area we previously weeded to begin the revegetation work. Here are some photos of our hard work. Lots of fun and very satisfying!



A few views from Mt Coolum

Michele Johns



Social Breakfast at Fairhill Native Botanic Gardens

Kate Russo

Well from the laughs and noisy chatter coming from our Social Breakfast group at Fairhill Native Botanic Gardens, Ninderry, this morning I think I can safely say we had a lovely time!

It was somewhat chilly to start with (thank goodness for the supplied lap blankets) but soon warmed up.

Ill health dropped our booking numbers unfortunately but plenty more opportunities to catch up.



A fit bunch – Wednesday afternoon fitness walks

Kate Russo



Lower York Creek Yandina

Lower York Creek was at its very best for today's creek walk.

The sky a brilliant blue, the waterfalls flowing and the creek surrounds lush and green. The rock was dry making for easier and safer climbing up the 3 waterfalls.

The first falls to ascend were Lower York Falls, an easy slab climb up beside and well clear of the falls.

Morning tea was had on the rock slabs at the top of the falls.

From here we made our way upstream to the Middle and Upper Falls.

To summit all the falls requires a bit of scrambling and maneuvering, good fun and a sense of achievement.

11 enjoyed the morning's walk finishing with lunch on the South Maroochy River in Yandina.



Peter Fowler



UNTIL NEXT MONTH HAPPY TRAILS