

MARCH 2025



The Trudge

Sunshine Coast Bushwalking Club
Est. 1975



CLUB MEETINGS

First Monday of the month (excl Jan.)

Time:

7:00pm – walk sign on opens

7:30pm – meeting commences with refreshments following

Where:

Buderim Craft Cottage
5 Main St, Buderim

Please note, when the first Monday falls on a public holiday the meeting will be held on the 2nd Monday

Committee Members 2024 -2025

President:

Linda Gregory

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Vice President:

June Hughes

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Secretary:

Ian Vinen

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Treasurer:

Karen McNamara

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Activities Coordinator:

Kate Russo

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New Member Officer:

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Grants Officer:

Peter Fowler

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Non-Committee Positions

Hire Equipment Officer:

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Trudge Editor:

Chris Vieraitis

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Abseiling Coordinator

Peter Fowler

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Librarian:

Gerard Gallop

cooroora35@gmail.com

Email enquiry@scbwc.com if you are unsure of whom to contact. They will forward your query to the appropriate individual.

Please send walk reports and photographs to trudge@scbwc.com

Members should email enquiry@scbwc.com if they are not receiving general email communications from the SCBWC.



SCBWC 50th Anniversary Celebration Luncheon 1975-2025

DATE: 5th April 2025

TIME: 12.30pm

PLACE: The Pool Café, 222 The Avenue Peregian Springs
COST: \$29 per person (after Club subsidy) for members
and \$39 for non members.

This is food only, with hot & cold drinks to be purchased from the venue.

Come celebrate the Club's 50th year with past and present club members. Food will be served Canape style so everyone can mingle. There will be a slide show depicting photos from then until now which will no doubt keep the conversation flowing.

We are hoping for a good turn out, but numbers will be restricted, so get in early and secure your spot. **Confirmation of attendance & full payment is required by 8th March.**

An email has already been sent out to all members detailing how to confirm attendance, make payment and advise of any dietary requirements. If you need further information, please email Karen Edwards karod@bigpond.net.au or phone 0407 965 300

Fire Ant Presentation at Club Meeting on Monday 3rd March

At our upcoming meeting on 3rd March, we are fortunate to have a special presentation on FIRE ANTS by Patricia Baisden from the National Fire Ant Eradication Program which comes under the umbrella of the Department of Agriculture and Fisheries. There will be a live display and sobering facts surrounding the spread of these invasive menaces in our region.

Authorities are trying to prevent the spread of fire ants as they are deemed "one of the world's worst invasive species" and are a direct threat to human health as their stings can cause skin irritation and severe allergic reactions. Fire ants are highly mobile and can travel up to five kilometres, easily establishing new nests and spreading rapidly, meaning intervention is an absolute necessity if we want to prevent the country from being overrun with the pests.

February Activities

2 nd	50 th Walli Creek (Jon Lee)	12 th	Full Moon Walk Mooloolaba (Cheryl Meligonis)
4 th	Obi Obi Swim Through (Peter Fowler)		
7 th	Emu Mountain Wander (Diana Korving) - CANCELLED	16 th	B4 to Breadknife and Return (Sam Rowe)
9 th	50 th Mystery Celebration Walk (Karen Edwards)	21 st	Coolum Industrial Estate (June Hughes)
10 th	Rock IT – Indoor Rock Climbing (Sam Rowe)	23 rd	Amamoor Two Up (Doone Collins)

Walli Creek

The hike started at the entry to the Maleny National Park off Thorn Road after a bit of car-pooling from Landsborough. Jon led Peter, Sam, Miles, Alex, David, John, and me through the forestry trail on the way to Chinaman Creek, until veering off and heading down a side track. The side track started off grassy and manageable, but then quickly got pretty rugged. Definitely rugged. Down, down we dropped until we popped out at Walli Creek which was flowing nicely with clear water, mostly free of vegetation.

The hike continued down-stream hopping over big boulders and down the side of a couple of waterfalls. Spade flowers, pimelas and love plants were in full flower, blue triangle and yellow butterflies flitted about and it was awesome to be back in a 'hidden' part of the Sunshine Coast with towering figs and gums trees. Not so much the 'wait-a-while'.

Morning tea was had at a little vantage point on Walli creek, and then it was on to a junction to climb back up a little gully. Fortunately the gully was also clear of vegetation, but full of fairly big rocks so lots of fun scrambling up, over and around with plentiful hand and footholds. We were lucky with the weather as the rocks were dry even though it was very sweaty going. One 'interesting' moment was when David dislodged a couple of large rocks just as he leapt off, and they crashed a couple of metres below. A good reminder to not follow closely behind.



At some point we veered off again to do a bit of bush-bashing to get back to a forestry track which linked back to the Chinaman Creek circuit, which we followed to go to the lookout for lunch. Whilst resting at our lunch spot we noticed something spinning about in a tree. It turned out to be a red-browed firetail completely caught in a tangled spider web. We managed to get it down and cut the web off, and as I was wondering whether it was too exhausted to be left safely, it upped and flew from my hand!

After lunch we took the forestry trails back to the cars where some folk convened for a very well deserved drink at the pub. My pedometer calculated 14.2km and 62 'floors'. Thanks to Jon for leading a fun and adventurous (not to mention, rugged) walk.

Clare Staines

Obi Obi Swimthrough



There was 6 of us who set off on the Obi Obi Gorge path down to the first river access. This is a great swimming hole, but as we swam down river we crossed many beautiful, isolated, large and deep sections up to 50m across. Dry bags floated and kept our gear dry. The sides of the gorge towered above, draped in lush forest. It felt like paradise.



Between the deep and swimmable parts of the river, we scrambled over rapids and rocky sections, sometimes needing to walk around if we could not get through. A side creek dropped into the river over a stunning waterfall that was great fun to swim under. After around 3 hours where the gorge opens out in the rainforest valley we exited the river to make our way back up the Obi Obi track to the Baroon Pocket carpark.



We stopped the high lookout and could look down into the gorge and the river below that we had just swum through. Unfortunately at this point we were all picking off leaches after the walk, no one escaped their greedy bites. This was a fantastic morning, everyone had a great adventure and lots of laughs. Thanks to Peter for offering this activity and all of us look forward to doing it again some time.

Lutz Kramer

50th Celebration Mystery Walk



The idea for this walk came from my previous club that did a Mystery walk as their first walk of the year. It became very popular with 60 plus people attending it in recent years. I thought it would be nice to do something similar and also to mark it as the commencement of our 50th Anniversary Celebrations.

Obviously, everyone had to know where the walk was starting from and would have had a vague idea of the finishing point, but the bits in between were not fully obvious, so there was some hint of mystery to the walk. We started at Yaroomba Bushland Reserve, Warren Road entrance. Walkers were directed to either park at the start and catch a bus back at the end, or park at the end and catch a bus to the start. It turned out to be quite an even split for each option, which was great.

It was quite warm at the start of the walk, at 3pm, but we took off in the shade of the bush for about 1km before coming out on David Lowe Way. We headed south from here which had people wondering, and I did mention that I was hoping everyone was aware that we were walking up Mt Coolum. But as I was only joking, about 500 metres along, we crossed the road and cut through a housing estate to get to the beach path. After we helped some tennis players retrieve their tennis balls we walked over to the beach and started our 2km walk to Point Arkwright, dodging the blue bottles as we went.



We were greeted at Point Arkwright Park by June, who had a fruit platter laid out for us in the shade of the gazebo. This was greatly appreciated by all, as we were all quite hot and thirsty by the time we got there. While there, I read from a Club Newsletter from 1977 which described a walk that was done from Coolum to Sunshine Beach, where the group camped in the dunes and then walked back the next day. This was evidence that beach walking was also a favourite of the club members back in the early club days and you could camp pretty much wherever you wanted.

We broke off into 3 groups to walk the headland path to give other walkers some space to get around us. This walk provides some lovely coastal cliff-top views, while walking through the shaded bushland. We all eventually emerged back out on the roadside path.

We continued on to Coolum Beach, and as there were only a couple of takers for a swim due to the potential of Blue Bottle stings, we decided to give that a miss. The walk continued from there, northwards up the beach towards Stumers Creek and we got off the beach after about 1km, and made our way back south along the bush pathway to Norrie Job Park opposite the Coolum Beach Hotel. Here we found Rod working up a sweat cooking some sausages on the BBQ.



This was our end destination, where we gathered for a sausage sizzle and some refreshing drinks and some social time. The 50th Year Celebrations have begun!!! After about an hour, everyone helped clean up then left either by bus or car, and hopefully found their way home okay.

There were 26 people on the walk, including 2 lovely visitors, plus Rod who met us at the end. We covered about 7 to 8kms over the 2 hours 45 minutes it took us to get to the end destination. Even though the walk was very easy and casual, I think we all felt like we had been on a walk by the end. I am hoping that everyone enjoyed the Mystery walk and the social gathering at the end and thank you everyone for contributing \$5 to cover the food and drinks.

Karen Edwards

Rock IT – Rocketing Up the Climbing Walls



Monday night 15 of us assembled at Rock It Indoor Rockclimbing Gym (Warana) for a few hours of training on their walls. Everyone had different goals, fears and experience but we all had support for each other. Each climb gave more confidence to us all and going that little bit higher.

Thanks to the Active Clubs Grant and the club for supporting this training.



Sam Rowe

Full Moon Walk Mooloolaba



Despite a flurry showers around, 6 members and 5 prospective members took a risk and headed to Mooloolaba Beach keen to take in a Full Moon over the water. Well! It started well....a lovely walk along the beach with lots of chats and laughs.

At our proposed turn around point we stopped to admire a lovely rainbow that leader Cheryl had cleverly arranged for us! Our smiles turned to consternation with a rapidly approaching downpour causing us to run for the nearest shelter up on the boardwalk....with dozens of other walkers who had been caught out. Thunder and lightning kept us undercover until we deemed it safe to tackle the downpour to get to the next shelter next to the Surf Club.



Some drowned rats finally headed off towards the cars and then....THE FULL MOON!!!! It made an appearance to reward us for our perseverance! It was a walk more full of excitement than originally planned but we love having a story to tell! Thanks Cheryl!

Kate Russo

B4 to Breadknife and Return

Six Club members – Sam, Ian, Maree, Christine, Clive and Larry – met at Kenilworth Bakery and carpooled to the B4 campground in the Conondale National Park. The weather started reasonably cool, though heated up as the day went on with a forecast maximum of 32 degrees. A little distance from the start a short side track led to a sculpture by renowned artist Andy Goldsworthy which is made of rocks shaped like a large egg. A strangler fig is planted at the top (the latest of several attempts to get one growing there) with the idea that, over time, the fig will grow and its roots encompass the egg.

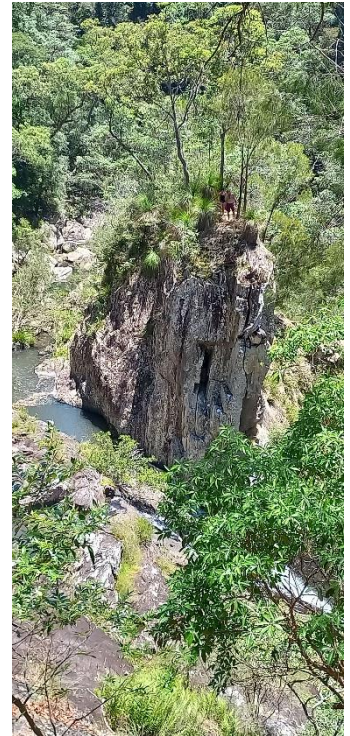




We followed the Great Walk through undulating forest to Artist Cascades waterfalls and enjoyed morning tea and the most exhilarating swim in the beautiful cool waters of the swimming holes. This part of the journey wasn't without a short drama as a reasonably large tree startled us by crashing down in the forest quite close to where we were walking on the track.

Refreshed we started our climb and continued past the Kingfisher Falls, which were flowing magnificently after all the rain we have had lately. On our arrival at the

Booloumba Falls we were somewhat miffed to discover quite a crowd of people, as this part is quite accessible by the public from the upper car park. It was decided to keep our second swim until we were back at the Cascades, so we had lunch at the lookout platform overlooking The Breadknife.



As there was so much water in the creek Sam thought it too difficult to cross to get to The Breadknife to climb it. Consequently we had to be content with just admiring the rock this time while enjoying our lunch, and then headed back to the Cascades for our second swim and along the same track back to the carpark. It was pleasing not to have to deal with leaches on this walk as the tracks were quite dry and a friendly young goanna made a couple of delightful appearances along the way. The damp weather also made for some interesting fungi shapes and everywhere was lush and green.

Sadly no pies at Kenilworth bakery this time as everything was closed by the time we hit the town. Thanks Sam for a well paced and enjoyable walk of about 18kms.

Maree Bell



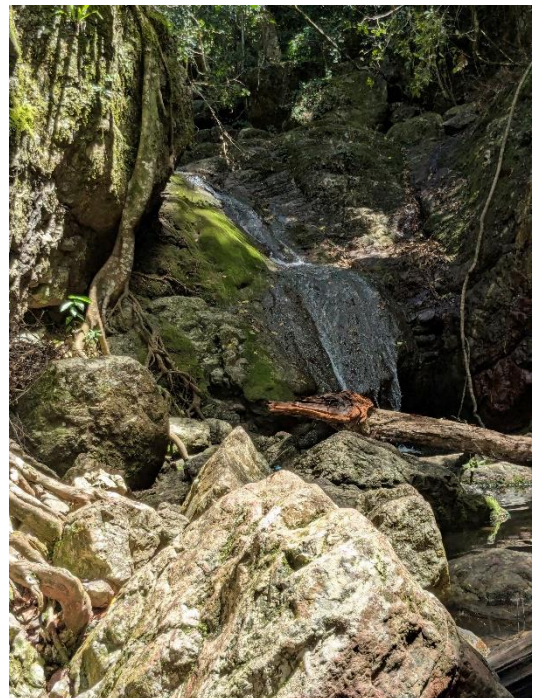
Amamoor Two Up

On 23 February a group of 13 keen hikers, a mix of members and prospective members, met at the Amama day use area Amamoor State Forest. After Doon had signed all, we crossed a creek (wet feet for most) and began a climb up to the ridge in perfect if a little humid weather. The track was in good condition and it was great to see a number of mature Bunya and Hoop pines in the forest. The first track was straight forward and it brought us back in a loop to the car park for morning tea.



As time was getting short if we were going to make a lunch booking at the Amamoor Village green café only about half made the second walk to the Cascades which had a good amount of water flowing. After the hike, several of the members repaired back to the café for lunch. Cautionary tale, they have large portions at the Amamoor café.

Miles DeLacey



UNTIL NEXT MONTH..... HAPPY TRAILS