

FEBRUARY 2025



The Trudge

Sunshine Coast Bushwalking Club
Est. 1975



CLUB MEETINGS

First Monday of the month (excl Jan.)

Time:

7:00pm – walk sign on opens

7:30pm – meeting commences with refreshments following

Where:

Buderim Craft Cottage
5 Main St, Buderim

Please note, when the first Monday falls on a public holiday the meeting will be held on the 2nd Monday

Committee Members 2024 -2025

President:

Linda Gregory

pres@scbwc.com

Vice President:

June Hughes

vp@scbwc.com

Secretary:

Ian Vinen

sec@scbwc.com

Treasurer:

Karen McNamara

treas@scbwc.com

Activities Coordinator:

Kate Russo

activities@scbwc.com

New Member Officer:

Maree Bell

enquiry@scbwc.com

Grants Officer:

Peter Fowler

grants@scbwc.com

Non-Committee Positions

Hire Equipment Officer:

Garry Carr

guznez6@gmail.com

Trudge Editor:

Chris Vieraitis

trudge@scbwc.com

Abseiling Coordinator

Peter Fowler

grants@scbwc.com

Librarian:

Gerard Gallop

cooroora35@gmail.com

Email enquiry@scbwc.com if you are unsure of whom to contact. They will forward your query to the appropriate individual.

Please send walk reports and photographs to trudge@scbwc.com

Members should email enquiry@scbwc.com if they are not receiving general email communications from the SCBWC.



SCBWC 50th Anniversary Celebration Luncheon 1975-2025

DATE: 5th April 2025

TIME: 12.30pm

PLACE: The Pool Café, 222 The Avenue Peregian Springs
COST: \$29 per person (after Club subsidy) for members
and \$39 for non members.

This is food only, with hot & cold drinks to be purchased from the venue.

Come celebrate the Club's 50th year with past and present club members. Food will be served Canape style so everyone can mingle. There will be a slide show depicting photos from then until now which will no doubt keep the conversation flowing.

We are hoping for a good turn out, but numbers will be restricted, so get in early and secure your spot. Confirmation of attendance & full payment is required by 8th March.

An email detailing how to confirm attendance, make payment and advise of any dietary requirements will be sent out to members, so keep your eye out for this.

If you need further information, please email Karen Edwards karod@bigpond.net.au or phone 0407 965 300

January Activities

5 th	50 th Branch Creek (Jon Lee)	19 th	Mudjimba Beach and Bush Circuit (Clare Staines)
12 th	Flaxton to Mapleton Falls & Return (Ian Vinen) - POSTPONED	26 th	Palmview Cycle (Sam Rowe)
17 th	50 th Lake Weyba Foreshores (June Hughes)		

Summer Creek Circuit (from 1st December)



6 determined hikers car pooled in one car and set off around 8am from Charlie Moreland day use area in Conondale National Park. The weather had been looking decidedly uncertain, however it was fine as our party of Christine, Miles, Dot, Ian, Maree and walk leader Sam started at Great Walk crossing on Sunday Creek Road.

Leeches attacked in some spots as the whole area was lush with growth and dampness, however we were rewarded with gushing Summer

Creek Falls and had morning tea there. Christine had her swimmers and went into the lovely clean water for a swim. The remainder of us wished we had ours as the sun came out and heated us up.



We ascended the Great Walk track from there and then descended off-track to a lookout which took in a wonderful view of the front of the waterfalls. Rain did make this off-track experience a challenge, with holding an umbrella whilst scrambling the steep bank not practical for Sam. A few Hyacinth orchids were finishing their flowering and fungi of all shapes, colours and sizes were everywhere. A beautiful Blue Triangle butterfly paid Ian a prolonged, extraordinary close encounter. His t-shirt was the exact same colour as the butterfly and we think it was making amorous advances!



We were all soaked as we headed back to the car and tried to make a picnic ground stop for lunch, however the rain insisted on precipitating again. So we went our separate ways to head home, but not before grabbing a pie and coffee at the Kenilworth bakery. We were very happy to have fitted the walk in, as the inclement weather really closed in on our way home with an absolute deluge of a storm around Nambour.

Thanks Sam for your optimism to try the walk as we had a terrific morning after all.

Maree Bell

Lake Weyba Foreshores

Lake Weyba was the destination for the first Friday walk for 2025.

These walks are usually rated easy, under 10km and end close to a coffee shop.

Eight walkers turned up for an early start before it got too hot. After days of rain and storms, the track had some wet and muddy sections but these were easily bypassed. This walk is often used by prospective members to get their 3 walks marked off and we welcomed Lynn, Ann and Ashley on their first walks with our club.

This is a favourite walk and will appear again on the club programme.

June Hughes

Mudjimba Beach and Bush Circuit



The conundrum of a walk leader is when or whether to cancel in bad weather. Being English means I am used to walking in the rain and my 'rule' is to cancel only if it would be dangerous to be out and about. Such as the possibility of falling trees, getting caught between fast flowing creeks, lightning, and slippery rocks.

Even so, I was starting to wonder if I was completely insane driving to Mudjimba as the rain lashed sideways, the windscreen wipers on full speed. If so, we have a lot of insane bushwalkers in the club because seven members (Lutz & Carolyn, Linda, Richard & Sindy, Maree and Christine), and two visitors (Tony on his third walk and Manuel on his first)

turned up at Power Memorial Park grinning like mad things as the rain poured down.

After a quick debate we decided to 'give it a go' and as we set off from under the shelter, like magic, the rain eased off. We set off down the beach first as high tide was due at 11.45am. Which was lucky, because with the full moon and the wind whipping up the waves, there wasn't as much space as I'd expected between sea and dunes. It's a long straight run down to Pincushion Island, the wind was fully against us and our legs were being sandblasted, so halfway down we took the inland route to carry on down North Shore Road to the dog beach car park.





Another decision was made to avoid going back out on the eastern side, but to walk direct to the Maroochy River. Another lucky decision because the water was already lapping right high up on the river bank. Up on the boardwalk, through the resort and then through the very wet underfoot National Park. Smart people had worn hiking sandals and could walk straight through the creek-like bush track. Others of us hopped around, up and over, which on reflection was quite funny given that two hours earlier we had been prepared to get absolutely soaked.

After just on 8km we made it back to Mudjimba where we convened for a welcome coffee. And hey presto the rain poured down again once we were safely under the shelter! Thanks to everyone for their friendly banter. It makes it much easier to be a walk leader when everyone is so easy going.

Clare Staines

Palmview Cycle

This Australia Day was perfect conditions for a lovely morning cycle from Mooloolah National Park out along Claymore Road to Palmview. This track reminds us of the rural properties we have so close to Buderim.

After a morning tea stop at Beefy's at Aussie World, our return cycle took us through the Harmony Estate and then back along the edge of Sippy Downs to Mooloolah National Park again.



Thanks to Clive, Tony, Janet, Vicki, Russell and Rob for joining me on the cycle this morning.

Sam Rowe

UNTIL NEXT MONTH..... HAPPY TRAILS