

JULY 2024



# The Trudge

Sunshine Coast Bushwalking Club  
Est. 1975



## CLUB MEETINGS

First Monday of the month (excl Jan.)

### Time:

7:00pm – walk sign on opens

7:30pm – meeting commences with refreshments following

### Where:

Buderim Craft Cottage  
5 Main St, Buderim

Please note, when the first Monday falls on a public holiday the meeting will be held on the 2<sup>nd</sup> Monday

## Committee Members 2023-2024

President:	Sam Rowe	<a href="mailto:pres@scbwc.com">pres@scbwc.com</a>
Vice President:	June Hughes	<a href="mailto:vp@scbwc.com">vp@scbwc.com</a>
Secretary:	Neralie Carr	<a href="mailto:sec@scbwc.com">sec@scbwc.com</a>
Treasurer:	Karen McNamara	<a href="mailto:treas@scbwc.com">treas@scbwc.com</a>
Activities Coordinator:	Kate Russo	<a href="mailto:activities@scbwc.com">activities@scbwc.com</a>
New Member Officer:	Maree Bell	<a href="mailto:enquiry@scbwc.com">enquiry@scbwc.com</a>
Grants Officer:	Peter Fowler	<a href="mailto:grants@scbwc.com">grants@scbwc.com</a>

## Non-Committee Positions

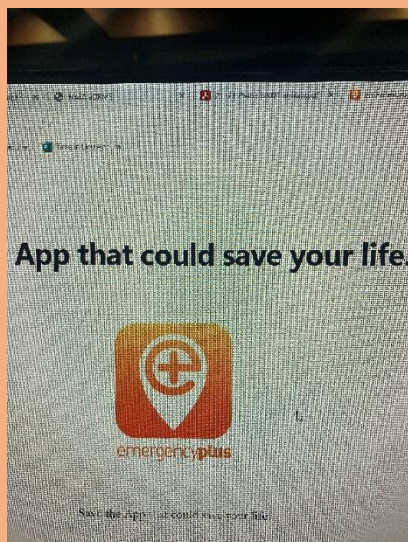
Hire Equipment Officer:	Garry Carr	<a href="mailto:guznez6@gmail.com">guznez6@gmail.com</a>
Trudge Editor:	Chris Vieraitis	<a href="mailto:trudge@scbwc.com">trudge@scbwc.com</a>
Abseiling Coordinator	Peter Fowler	<a href="mailto:grants@scbwc.com">grants@scbwc.com</a>
Librarian:	Gerard Gallop	<a href="mailto:cooroora35@gmail.com">cooroora35@gmail.com</a>

Email [enquiry@scbwc.com](mailto:enquiry@scbwc.com) if you are unsure of whom to contact. They will forward your query to the appropriate individual.

Please send walk reports and photographs to [trudge@scbwc.com](mailto:trudge@scbwc.com)

Members should email [enquiry@scbwc.com](mailto:enquiry@scbwc.com) if they are not receiving general email communications from the SCBWC.

## A MESSAGE FROM THE PRESIDENT .....



### EMERGENCY PLUS APP

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## DID YOU KNOW .....

**The Club has hard copy maps for loan!**

Do you like to navigate using old school paper maps? No need to go out buying your own maps - we have a great range of maps all over Australia and even a few overseas ones. Of particular interest may be the Topographic Maps for the local south east Queensland Great Walks - Kgari, Cooloola, Conondale and Sunshine Coast Hinterland.

Kate Russo, our esteemed Activities Coordinator, is the keeper of the map box and brings them all along to every meeting so you are welcome to come and check them out.

## June Activities

2 <sup>nd</sup>	Dularcha Tunnel Circuit (Helen Bernard)	16 <sup>th</sup>	Trachyte Circuit (Linda Gregory)
7 <sup>th</sup>	Mountain Creek Recreational Trail (Helen Bernard)	16 <sup>th</sup>	Mount Beerwah East (Peter Fowler)
9 <sup>th</sup>	Mount Archer Adventure (Jon Lee)	30 <sup>th</sup>	Love Creek Walk (Samantha Rowe)
14 <sup>th</sup>	Nambour Street Art & Parks (Kate Russo)	30 <sup>th</sup>	Coastal Walk – Coolool Beach to Mudjimba Beach (Carolyn Farrington)

## Dularcha Tunnel Circuit

16 happy hikers set out along the rail trail towards the old rail tunnel. The weather was perfect after a night's rain. The tunnel is home to a colony of micro bats which we were able to see with torches. The group then made their way over to the Mooloolah entrance where Alf's hikers (those coming back along the track) had morning tea.



The remaining group of 12 made our way up on the tunnel for morning tea. This section was a bit washed out. After morning tea, the fun began - MUD. The track had recently been graded and with horses and a lot of rain was very muddy with lots of clay. All made it slowly back to the rail trail with muddy boots to show for the walk. A cup of coffee was enjoyed after at the Landsborough Bakery.

*Helen Bernard*

## Mountain Creek Recreational Trail



The weather was magic for the Mountain Creek walk, along the creek and through the beautiful forest. From the recreational area we then walked around the lake, through the back street and over to the coffee shop at Mountain Creek shopping centre. After coffee we walked back through the top side of the forest. Three visitors and four members enjoyed a lovely sunshine morning.

*Helen Bernard*

## Mt Archer Adventure

A trip off the tracks and into the creeks of the D'Aguilar National Park is always a great way to spend a Sunday especially when the weather is glorious – cold mornings, clear skies, minimal wind. Doesn't sound like a Jon Lee walk at all!

Eight kms in six and a half hours does not seem arduous but scrambling 350m in elevation up one unnamed creek and 350m in descent down another unnamed creek involved all the moves for a complete body workout. For most of the day we were walking in the creeks which were mostly dry although occasional pools here and there did make for a few interesting moves on the downhill section of the walk. Rock hopping, scrambling up, down and around boulders, negotiating dryish waterfalls were all part of the exercise regime and definitely tested our flexibility.

Dense undergrowth, dryish prickly scrub, mossy rocks, fallen trees, the notorious wait-a-while vine, tracts of fallen dead leaves, dodgy handholds all made the going quite tricky at times. Apart from a few cuts, scratches and bruises, we emerged at the bottom of the second creek relatively unscathed, ready to punch our way through the long grass which provided the last hurdle before the road back to the cars.



Jon had planned the walk well with morning tea in the first creek perched on a rocky outcrop with views of Lake Somerset whilst lunch in the second creek was conveniently located on another rocky platform before a big descent down a landslip area. Having our resident bird specialist AKA Rod on the trip was a bonus to help identify the numerous bird calls throughout the day. Thanks to Jon and my fellow walkers Peter, Sam, Chris, Rod and Warren for a great day out. I'm already looking forward to the next one!

*Neralie Carr*



## Nambour Street Art and Parks



Nambour Show Holiday saw a group of 10 members and prospective members hit the streets of Nambour to do a bit of exploring. Not a usual Bushwalking Club hike - this hike weaved in and around Nambour CBD streets to find Street Art and sculptures that most Sunshine Coast residents have no idea exist. We couldn't do without a hill or a dose of actual bushwalking, so we headed up the Koala Park steps, with many of the group in awe that this little known conservation park existed in the middle of suburbia.

Back in town a few of us delighted in zipping down the slippery slide at the Council Forecourt. At this stage our designated time was up but four of the group who did not have to be elsewhere continued on along the banks of Petrie Creek on the hunt for platypus. Success! We got as much of a surprise when a platypus popped up in front of us as it did seeing us! A most enjoyable morning. 9ish km Grade 2A.

*Kate Russo*



## Mount Beerwah East

Leader – Peter Fowler, fellow peak baggers – Cheryl, Bonnie and Sam.

No rain for the last fortnight ✓

Lots of sunshine forecast for the day ✓

Eager beavers ready for a challenge ✓

The rescheduled climb up Mt Beerwah (due to rain) was worth the wait with a dry rock to climb/ descend and brilliant blue skies. The climb the way Peter takes the club members up had the usual challenges and the stunning views out across the Glasshouse Mountains and from the top we could see down to Brisvegas clearly.



The climb down on the tourist route was even more challenging with the slippery rocks (use) and the number of climbers for the day. Well done to Bonnie for peaking Mt Beerwah for the first time. Thanks to Peter Fowler for once again taking us up and down safely and finally thanks to Mt Beerwah, she looked after us all today.

*Sam Rowe*



**UNTIL NEXT MONTH..... HAPPY TRAILS**