

MAY 2024



The Trudge

Sunshine Coast Bushwalking Club
Est. 1975



CLUB MEETINGS

First Monday of the month (excl Jan.)

Time:

7:00pm – walk sign on opens

7:30pm – meeting commences with refreshments following

Where:

Buderim Craft Cottage
5 Main St, Buderim

Please note, when the first Monday falls on a public holiday the meeting will be held on the 2nd Monday

Committee Members 2022-2023

President:	Sam Rowe	pres@scbwc.com
Vice President:	June Hughes	vp@scbwc.com
Secretary:	Neralie Carr	sec@scbwc.com
Treasurer:	Karen McNamara	treas@scbwc.com
Activities Coordinator:	Kate Russo	activities@scbwc.com
New Member Officer:	Maree Bell	enquiry@scbwc.com
Grants Officer:	Peter Fowler	grants@scbwc.com

Non-Committee Positions

Hire Equipment Officer:	Garry Carr	guznez6@gmail.com
Trudge Editor:	Chris Vieraitis	trudge@scbwc.com
Abseiling Coordinator	Peter Fowler	grants@scbwc.com
Librarian:	Gerard Gallop	cooroora35@gmail.com

Email enquiry@scbwc.com if you are unsure of whom to contact. They will forward your query to the appropriate individual.

Please send walk reports and photographs to trudge@scbwc.com

Members should email enquiry@scbwc.com if they are not receiving general email communications from the SCBWC.

A MESSAGE FROM OUR ACTIVITIES CO-ORDINATOR

I love the sound of rain on the roof but unfortunately the consistent rain we have been having has caused havoc with our activities.

Yes, we can be prepared to be out in wet weather, but safety is always our priority. So, if the conditions may be considered unsafe to any degree due to slipperiness or water unundation, the leader has to make the hard call to cancel or postpone the activity.

Cross fingers for the upcoming month with a few activities involving rock climbing, scrambling or hopping.

Be sure to check out the Club website calendar to see what is coming up. Registrations for May activities will open at the May meeting . And remember that I would love to hear from you if you would like to lead a hike, paddle, bike ride or social activity.

Kate Russo

MOVIES ANYONE

Thanks to Maslow Entertainment we have 5 x double passes to give away to their upcoming release 'The Way, My Way', written and directed by Bill Bennett. The film is the charming and captivating true story of a stubborn, self-centred Australian man who decides to walk the famed 800-km-long Camino de Santiago pilgrimage route through Spain. He doesn't know why he's doing it...but one step at a time, it will change him and his outlook on life forever.

The Way, My Way. In cinemas from 16th May 2024

How to enter to win: Attend the club meeting on Monday 13th May where the tickets will be offered as a lucky door prize. Winners from the last movie ticket giveaway are excluded from the draw.

GOOD LUCK!

April Activities

1 st	<i>Mt Ninderry & Burb (Kate Russo)</i>	19 th	<i>Mount Coolum Climb & Walk (Diana Korving) - Cancelled</i>
5 th	<i>Yaroomba Beach to Coolum Return (Diana Korving)</i>	21 st	<i>Dularcha Tunnel Circuit (Helen Bernard) (rescheduled to 2 June)</i>
12 th	<i>Walk & Waterpaint (Melinda Haeusler)</i>	28 th	<i>Kureelpa Falls (Linda Gregory)</i>
14 th	<i>Gold Creek Reserve and Camp Mountain Summit (Sam Rowe)</i>		

Palmview Cycle Paths (31st March)

Nine riders assembled at Mountain Creek, dare I say it , not all, but most of them of mature vintage, those who used to be hardened walkers but now find cycling an enjoyable alternative. Covering 30 kms at an easy pace, mostly on pathways, through Harmony with a refreshment stop at Aussie World returning via Brightwater on lakeside paths. If there was a prize for chatting along the way we would have won easily.

Thank you Jenny and Malcolm for organising an enjoyable Easter Sunday morning.

Phil Pratt



Gold Creek Reserve and Camp Mountain

After a last minute change of itinerary, our destination for Brisbane was set. First up would be Gold Creek Reservoir Circuit, then after a short navigation through Brisbane, a summit of Mt Coot-Tha.



Images courtesy of "The Bushwalking Blog"

Both hikes offered some good leg stretching and lung expanding hills. Gold Creek Reservoir Circuit provided some nice glimpses of its namesake, The Reservoir, with a great little morning tea spot tucked in beside a creek. The spillway had a gentle water flow rather than a raging torrent that we expected after all the recent rainfall. There was some debate regarding the length of this walk, but I will take the middle road and say approximately 5.5 kms.



Image courtesy of "AllTrails"

Next up was the Honeyeater Track to the summit of Mt Coot-Tha. Very crowded at the top but we found a shady seat away from the crowds to have lunch and enjoy a well earned coffee and for some, ice cream. Our descent was via the Butterfly Track and I think I speak for all the group saying that we were very grateful we descended Mt Coot-Tha on this track, not the other way round.

Many thanks to Sam for organising the hikes and as we all travelled in the one car, for driving us there and home again. Thanks also to Sam, Neralie, Russell, Kate and Richard for your lovely company. I really enjoyed exploring somewhere a bit different for our Sunday hike.

Linda Gregory

Kureelpa Falls



We were very lucky to score a dry day for this lovely 10km circuit. Mind you - we all went prepared for any surprise showers! Linda led a group of 8 (including potential members) up and down fire management trails and a short off track section to our morning tea spot at the top of Kureelpa Falls. With all the recent rains the creek and falls are flowing well. But it also meant that we didn't take the risk of exploring too close to the Falls or along the creek as it was all a bit slippery. We returned back to the cars along the other side of the circuit.



Such a nice walk under towering trees and woohoo! No leeches!!!!
Some decision making was required at various spots on which route to take over/around boggy areas.
The boots did need a good scrub afterwards! We continued our chats with a cuppa at the local
Mapleton Cafe. Thanks Linda!

Kate Russo

UNTIL NEXT MONTH..... HAPPY TRAILS