

OCTOBER 2023



The Trudge

Sunshine Coast Bushwalking Club
Est. 1975



CLUB MEETINGS

First Monday of the month (excl Jan.)

Time:

7:00pm – refreshments & walk sign on

7:30pm – meeting commences

Where:

Buderim Craft Cottage

5 Main St, Buderim

Please note, when the first Monday falls on a public holiday the meeting will be held on the 2nd Monday

Committee Members 2022-2023

President:

Sam Rowe

pres@scbwc.com

Vice President:

June Hughes

vp@scbwc.com

Secretary:

Neralie Carr

sec@scbwc.com

Treasurer:

Karen McNamara

treas@scbwc.com

Walks Coordinator:

Linda Gregory

walk@scbwc.com

New Member Officer:

Lorri Carrol

enquiry@scbwc.com

Grants Officer:

Peter Fowler

grants@scbwc.com

Non-Committee Positions

Hire Equipment Officer:

Garry Carr

guznez6@gmail.com

Trudge Editor:

Katherine Galligan

trudge@scbwc.com

Abseiling Coordinator

Peter Fowler

grants@scbwc.com

Librarian:

Gerard Gallop

cooroora35@gmail.com

Email enquiry@scbwc.com if you are unsure of whom to contact. They will forward your query to the appropriate individual.

Please send walk reports and photographs to trudge@scbwc.com

Members should email enquiry@scbwc.com if they are not receiving general email communications from the SCBWC.

President's Update October 2023

Spring has sprung so for us on the Sunshine Coast and that means our wildflowers are coming to an end and our warmer days are on the way. A bit of nature, sunshine and warmth on our skin and activity is a great way to improve our physical and mental well-being. Remember our activities are not just about getting from point A to point B, but activating our senses within the bush with the sounds, sights, smells and touch to give that added pleasure to life.

Spring also means a new activity program for the SCBWC for the next six months. Thanks to all those who attended our planning meeting at Foote Sanctuary, Buderim on 17/9 to put together a diverse range of activities. Check out the new program on our website. Thanks to Linda Gregory for working with us all to get a program together and the leaders that have given us their time to organise and take us out on a hike, cycle, kayak or abseil.

The SCBWC committee had a management meeting in September and I'd like to update you on some items below:

- AGM is returning to the November club meeting since the books are not required to be audited now. The **AGM is Monday 6 November 2023**.
- The April 2024 Club meeting will be held on Sunday 7 April at the Maroochydore Botanical Gardens. The Sunday meeting is a trial to allow members that cannot attend the Monday evening meetings due to work, driving at night, distance from Buderim to join us all. There will also be a walk in the gardens after the meeting.
- Reminder that when at Base Camp activities, the activity led or organised by the leader for the day is the activity covered by the club insurance. A member that is undertaking their own activity during the base camp eg cycle, different walk solo isn't on the planned activity and will be reminded of this if the situation arises.
- The months activities are **open for registration at the monthly club meeting**. This is to encourage all members to attend the club meetings, catch up with fellow members and sign onto the activity. If a member cannot attend the meeting please contact the leader after the club meeting to have your name added to the registration.
- If a leader cannot attend a club meeting, the details of the walk that will be provided to those at the meeting will be the activity, meeting place and time for registration. Members will be referred to the website or to contact the leader regarding the full description and details.
- The AGM in November means that the **committee positions become vacant**. The club committee will require a replacement for Linda Gregory (**Walks Co-ordinator**) and Lorri Carroll (**New Members**). Please speak with Linda, Lorri or another committee member on the roles. The club is only as good as those that get involved. We have included the position descriptions for each role in this edition of the Trudge. The club would like to thank both Linda and Lorri for their work on the committee in the last few years.

There are some IT changes occurring.

1. The walk description for walks open to prospective members we are organising to have available for general viewing on the website. The activity meeting place, time and leader details will still be protected.
2. Walk leaders will be given access to enter the activity details directly into the activity calendar portal. The activity will then be approved by the Walks Coordinator as per our insurance requirements.

Enjoy that sunshine, longer days and the great outdoors.

Sam Rowe
President- SCBWC

Let's welcome new members

Kim Turner

We look forward to seeing you on more walks soon.

September Activities conducted

It was another busy month making the most of the great weather and wildflowers.

1-3 rd	North Stradbroke Is (Sam Rowe)	12 th	Track Maintenance Group (Joe Kirkpatrick)
3 rd	Emu Mountain (Peter Nagle)	17 th	Activities Calendar Planning
3 rd	Mt Beerwah E Route (Peter Fowler) - postponed	24 th	Gheerulla Circuit from Sam Kelly Rd (Clare Staines)
4 th	Club Meeting	24 th	Navigation course (Peter Fowler)
6 th	Track Maintenance – Buderim (Peter Fowler)	26 th	Track Maintenance Group (Joe Kirkpatrick)
10 th	Reccie up Mt Tibberooowuccum/Mt Cooee (Clare Staines)		

North Stradbroke Back to Nature Weekend

Adventure awaited when we all met at Cleveland ferry terminal to take that boat ride across to North Stradbroke Island. It's been a while since most of us had been to the Island.

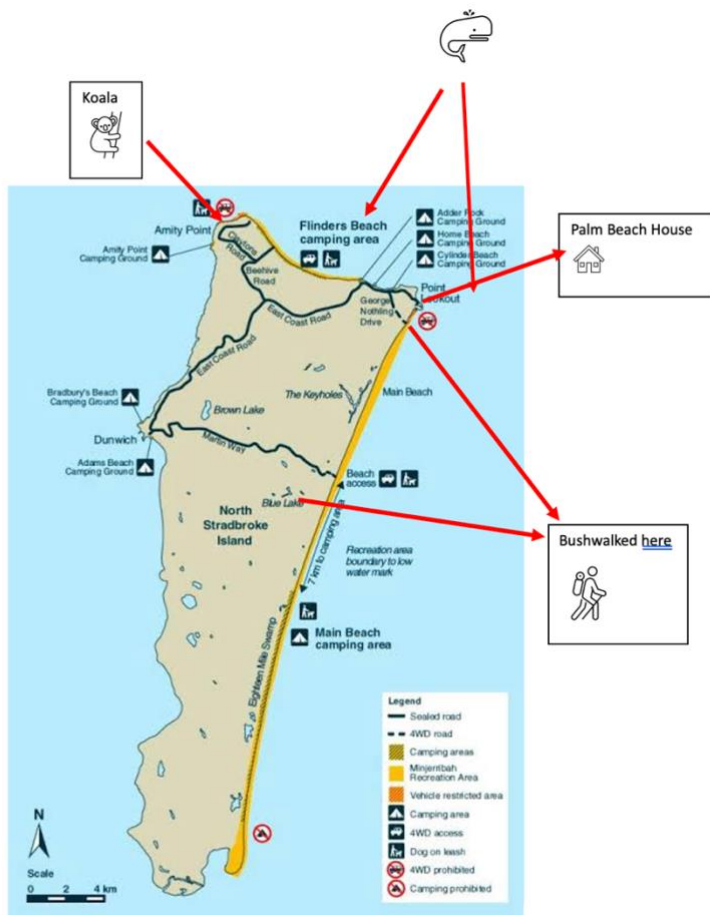
Our itinerary for the weekend entailed:

- Friday midday ferry, move into the Palm Beach House at Point Lookout, Whale Walk to Cylinder Bay late afternoon for sunset.
- Saturday morning walk from Blue Lake out amongst the dunes to the Main Beach and lunch at Brown Lake, afternoon Point Lookout Gorge Walk then BBQ dinner.
- Sunday – free time in the morning to enjoy the beach or partake in yoga, morning tea at Amity Point, then ferry's at 1pm back to the mainland.



Fair bit to pack in, along with all the fantastic wildlife and plants seen across the island. Big thanks to Marilyn who brought her car across to the island so we had the two cars to enable us to get around. There have been new tracks built across the island which will be there to explore the next time. Below are the highlights from those who came along for the weekend – Chris V, Karin, Richard, Christine C, Toni, Kate, David, Michelle, Marilyn and Sam.

- *Fantastic diversity with native flora and fauna*
- *Wow! How much Straddie has changed since I was first here in the 1970's. Still such an amazing place to visit. Too bad it is no longer a secret. Great weekend and good company*
- *Great fun watching all the whales travelling along the whale highway!*
- *As the whales headed south, I headed north for a great weekend on Straddie with great company.*
- *Plenty of sand and the hills that go with it. Training for future sand island walks with flowers and bird interludes. Excellent*
- *What a feast for a nature lovers soul. Whales, kangaroos, koalas, birds, wildflowers and scenery by the bucket loads. To top it off with find foods and the company of good friends.*



- A walk through the bush, across a creek to cool the feet down and up a steep white sandhill, finished off by a beautiful boardwalk to the gorge watching whales and dolphins. Fine dinner and fun game of Quirkle that I introduced friends too. A lovely weekend.
- First time at on North Stradbroke Island so I was amazed at the stunning scenery. I particularly liked seeing the many kangaroos so tame.
- Comfiest base camp ever! Lovely house with ample beds, hot showers, lounges, super kitchen with big fridges and a big verandah. Great company, great walks and a memorable island getaway. Highly recommended a visit. We had a smashing time.

- To top off the weekend, on Sunday we headed to Amity Point and spottled a Koala with a baby high in the tree and another in a much better viewing spot. A flying dog fight between a couple of galahs and corellas protecting their nest. Ahh nature isn't it wonderful.
- Thanks Sam for organising.

Do yourself a favour – Discover Straddie and all its wonders.

Sam Rowe

Thank you!

Thank you to **Peter Nagel** for his informative presentation at our September meeting. It was really interesting to see where he was working as a volunteer and some of the walks he did whilst in Japan earlier this year.

Thank you also to the 24 people who attended our **6 monthly planning meeting** on 17th September at Foote Sanctuary. We enjoyed a yummy bacon and egg breakfast (thanks also cooks!) before getting down to business.

The calendar is now filling up with new activities from now until March so, if you haven't already, log in and have a look. More activities will be added to the website as they're scheduled.



Finding our way all things Navigation

As the saying goes “We’re just 10 lost souls wandering in the bush land - - -”.

Well not exactly right, there was certainly some bush land wandering but with clear intent with a compass and map in hand.

The club’s navigation training course held on the 24th Sept run by Peter Fowler had a good turnout with 10 club members getting involved.

After a run through on map theory held at the Buderim Craft Cottage that involved where to access maps, the ins and outs of what’s on a map, how to locate points and then operating a compass and map together we then headed to Mooloolah National Park to put it into practice.

Thanks to the great information received earlier in the day 10 club members set off into the bush to find the points earlier marked on our maps and all 10 came back. While the routes slightly varied they all led to the right place.

A great Sunday morning activity that provided both a refresher for some and new learnings for others.

Peter Nagel



Did you know?

Fernberg (Government House) is open every 6 weeks on a Thursday morning between 9am-10am for a guided ‘bushwalk’ through the bushland part of the estate. BWQ have advised us that it is open to the public. Bookings have to be made online. Please contact Neralie (Secretary) if you require more information.

Koala Sightings App

As part of the Qld Government's Koala Protection Strategy and mapping, it is requested that all bushwalkers download the QWildlife app to record sightings. This app will add data to the Qld Koala map and enhance the Koala Protection Areas to further advise future planning. <https://environment.de.qld.gov.au/wildlife/animals/living-with/koalas/report-sightings>

Originally this app was introduced to report crocodile sightings but koalas have been added to it.

The Scenic Rim Regional Council is actively collecting koala scat for DNA analysis to determine particular groups of koalas.

The app is downloadable from both:

- the Apple

Store <https://apps.apple.com/au/app/qwildlife/id1500668021>

- the Google Play

Store <https://play.google.com/store/apps/details?id=gov.qld.dnrme>

Library Finds....

The club library has a number of navigation resources including



It's that time of year again...

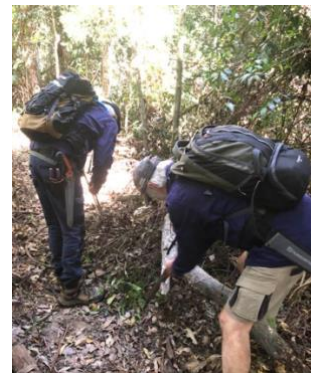
Club memberships are due NOW.

Information on how to renew has been emailed to club members.



Track Maintenance

Track maintenance this month at Conondale and Kirby's Rd. Sad to see the landscape so dry but there was plenty to keep us busy clearing the track. We're lucky to be able to spend our time and energy in a place we all love.





Reccie up Mt Tibberoowuccum & Mt Cooee

A great reccie up Tibberoowuccum and then Cooee. It was a bit of a scramble going up and down Cooee. As usual the views were fabulous.

Clare Staines

Date Claimers

AGM

AGM will be on Monday 6th November.

Pizza will be provided from 7pm followed by the meeting.

There are several committee positions vacant including Walks Co-ordinator and New Member officer. The position descriptions are at the end of the newsletter and also on the website.

Life Membership nominations are open. Please contact Sam Rowe if there is a member you would like to nominate.

CHRISTMAS PARTY

Our Christmas Party will be on Saturday 2nd December (lunchtime) at Valdora Hall.

More info to come.

KATHMANDU EXCLUSIVE SHOPPING EVENT

Book in Thursday 26 October (TBC 7-8pm) for access to our exclusive shopping event at Kathmandu Kawana Store. Up to 60% off Kathmandu gear and 10% for affiliate brands.

Gheerulla Circuit from Sam Kelly Rd

Linda, Leanne, Jeff, David, Sarah, Judy, Nick and I set off from Sam Kelly Road on a cool overcast morning. Instead of having to navigate across Gheerulla Creek to start, the watercourse was eerily empty and silent. We set off to do the circuit anticlockwise to get the steep climb up the ridge done early in the day and the views across in all directions were spectacular as usual. For the first hours of the walk we crossed paths with quite a few runners and folk training, a couple of groups of bushwalkers and through-walkers, but most of the time we had the bush to ourselves. Morning tea was held at Thilba Thalba walkers camp and lunch at the also completely empty creek at the Gheerulla Falls creek crossing. We had a quick look at the 'falls' but decided they currently should be called a 'stop' as there wasn't even a trickle of water at the base. Starting to feel our legs we then tackled the last 8km of the hike back down the path which follows Gheerulla Creek itself. It wasn't flowing anywhere, just a series of pools with the causeways half a metre high and dry. No need for walking poles to help to get across! Despite the dry weather, the scenery is still stunning; grass trees, magnificent straight-trunked flooded gums and the wacky curly sedges. We reached the cars again almost dead on the dot of 4pm with quite a few having achieved a first hike of over 25km in one day. A very satisfying achievement.





Save the Date

PILGRIMAGE 2024

Friday 6th - Sunday 8th September 2024
Kenilworth Showgrounds



Redland Bushwalkers is hosting the Pilgrimage for 2024 at Kenilworth Showgrounds

Kenilworth is small country town in the heart of the stunning Mary Valley surrounded by lush, green countryside. It is only 90-minute drive north from Brisbane and 50 minutes from the Sunshine Coast.

Kenilworth is full of history with the General Store (now Kenilworth Bakery) opening in 1924, the Kenilworth Hotel in November 1939.

We will have a great selection of walks in and around the surrounding areas plus a social walk around town finishing at the famous cheese factory at Kenilworth Diaries.

The bush band "the Band-O'Coots" has been booked for a fun night of dancing.

Until we finalise further details, keep watching this space for a fun packed weekend.

Redland Bushwalking

<https://redlandbushwalkers.org.au/>

redlandbushwalkersinc@gmail.com

Vacant Committee Positions Descriptions

A club is only as strong as its committee. Please consider volunteering your time to serve on the committee. To help you decide which positions are suitable for you the position descriptions are below:

Walks Coordinator

- Each six months, prepare the SCBW walks program, contacting all members for walk suggestions, volunteers to lead, and walks nominated.
- Each six months, organise a walks planning meeting to discuss and prepare the walks program for the next six months.
- Present at the club meetings, the walks scheduled for the following month.
 - Explain the requirements for visitors
 - Explain the insurance indemnity on the back of each walks sheet
 - Meeting time and place
 - Leader's contact details
 - Explain the degree of difficulty for walks
 - Prepare walk sheets for members to sign in for each club meeting.
 - Ensure all walk leaders have the walks registration form and visitor forms for their scheduled walk (after club monthly meeting where the walk was presented). If necessary, email the complete Walk Leader 'package' with all forms attached in the email.
- Send email to all members after each monthly members meeting, informing them that they are welcome to register for activities up to the next meeting date. This email will include a link to the club's online calendar for leader contact and activity details.
- Contact members via email of any updates from walk leaders regarding a scheduled walk.
- Add, maintain and update online calendar as required (this process is currently being reviewed)
- Maintain maps for the club including sign in / out book. Bring maps to each monthly club meeting for the availability of all members.
- Attend committee meetings when required.

Membership Officer

- Monitor emails sent to enquiry@scbwc.com and respond accordingly.
- Attend monthly club meetings, greet all visitors and answer any questions.
- Maintain a folder/digital file containing club membership applications and their 3 visitor walk forms.
- Maintain members database.
- Attend committee meetings when required.

UNTIL NEXT MONTH..... HAPPY TRAILS