

JUNE 2023



# The Trudge

Sunshine Coast Bushwalking Club  
Est. 1975



## CLUB MEETINGS

First Monday of the month (excl Jan.)

Time:

7:00pm – refreshments & walk sign on

7:30pm – meeting commences

Where:

Buderim Craft Cottage

5 Main St, Buderim

Please note, when the first Monday falls on a public holiday the meeting will be held on the 2<sup>nd</sup> Monday

Find out what activities are planned  
[www.scbwc.com/activities](http://www.scbwc.com/activities)

## Committee Members 2022-2023

President:

Sam Rowe

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Vice President:

June Hughes

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New Member Officer:

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Grants Officer:

Peter Fowler

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## Non-Committee Positions

Hire Equipment Officer:

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Trudge Editor:

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Abseiling Coordinator

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Librarian:

Gerard Gallop

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Email [enquiry@scbwc.com](mailto:enquiry@scbwc.com) if you are unsure of whom to contact. They will forward your query to the appropriate individual.

Please send walk reports and photographs to [trudge@scbwc.com](mailto:trudge@scbwc.com)

Members should email [enquiry@scbwc.com](mailto:enquiry@scbwc.com) if they are not receiving general email communications from the SCBWC.

# May Activities conducted

May had a range of activities to suit all interests:

7 <sup>th</sup>	<i>Creeks and Waterfalls of Kirby's Rd Env. Res.</i>	19 <sup>th</sup>	<i>Gheerulla Falls from Sam Kelly Road</i>
7 <sup>th</sup>	<i>Imbil Rail Trail</i>	21 <sup>st</sup>	<i>Witta – Schultz Rd through Kondalilla NP</i>
8 <sup>th</sup>	<i>Club Meeting</i>	23 <sup>rd</sup>	<i>Track Maintenance</i>
9 <sup>th</sup>	<i>Track Maintenance</i>	27/28 <sup>th</sup>	<i>Summer Falls Overnighter</i>
12 <sup>th</sup>	<i>Park Lakes</i>	28 <sup>th</sup>	<i>Kureelpa Falls</i>
14 <sup>th</sup>	<i>Mt Eerwah</i>		

## President Update

We have reached the sixth month of this year. Who can believe where the time has gone and where we have been out and about in our activities.

Thanks to June Hughes (our VP) who has filled in for me at the April and May club meetings whilst I was interstate due to work. I hope that all that attended the May meeting enjoyed our guest speaker – Nathan Billett Manager from Kawana Kathmandu and a big thanks to Kathmandu for offering us discounts again for 4 days in May after his presentation. Please add to your diary attending our June club meeting on 5 June with the SES chatting to us about rescues.

Another meeting change is the July club meeting will be held on Monday 10 July due the Buderim Craft Cottage not being available the first Monday of the month in July.

We have been asked by the Buderim Craft Cottage to only use the entrance at the top of the ramp for access to the Craft Cottage where our monthly meetings are held. The SCBWC will no longer have access to the middle entry door that goes directly into the Atrium area. We also ask all members to please not enter the Atrium nor look and touch any of the displays in this area from now on.

The Sunshine Coast Bushwalking Club is proud to be involved with the Sunshine Coast Council again with the Healthy Sunshine Coast program. These walks for the general public are commencing in June and this year is being co-ordinated by Claire Staines.

The Sunshine Coast Council's Kirby Road Environmental Reserve Grant has been deposited and the club is busy planning the next track development for the area. We have successfully completed 3km of tracks in the reserve over a number of years and all members are welcome to join us for a weekend there 10/11 June.

We have truly started with the cooler months of bushwalking, so hopefully I will see you out on the track or climbing a hill in the coming months.

*Sam Rowe*  
*President – SCBWC*



## Let's welcome new members

*Donald Cameron*  
*Jeff Langton*  
*Maureen Ledingham*

We look forward to seeing you on more walk soon.

# Creeks and Waterfalls of Kirby's Road Environmental Reserve

The website stated that the walk was predominately creek walking (tick), the waterfalls may not necessarily be running (tick) and that the rock outcrops are well worth exploring (tick). Eleven intrepid walkers decided to join Peter exploring the creeks and waterfalls with no water, but then again, if there was enough water flowing to create an actual waterfall, then we would not have been able to walk up the creek exploring, so a good outcome.

Once we reached the point where we had to exit the creek, it was a case of "find the best way up and out" so plenty of bush bashing and lantana. Lucky we were all contortionists. Once up on the ridge, it was either left to go down to the cars or right to get to the top.

"It is well worth it" announces our fearless leader so it was up, up and up to the top where we were greeted with some good views. Then back down a different way to the cars and lunch at "The Shed". Luxury seating arrangements for all as we relaxed over lunch and told a few (tall) tales.

*Chris V*



## **Kirby's Road Campout with Guest Speaker**

Our camping weekend at Kirby's Rd planned for next weekend, 9-11<sup>th</sup> June.

Marc Russell will be joining us for a walk on Saturday afternoon on tree identification

Full details for the weekend are on the website



# Imbil Rail Trail

The walk is an easy 4.7km route on a disused rail track from Imbil to the terminus at Brooloo and returns through state forest and open farmland. In places it follows a creek, where, in a patch of rain forest, there are many bellbirds.

The promise of an easy walk combined with cooler weather attracted a group of 10 walkers. Some long time members were welcomed back, (Sally, Brian, Clive and Una) and several prospective members were introduced.

The pace along the flat track was leisurely, the rest stop was prolonged, followed by a stroll back to THE BAKERY!! This outing was very social and a particularly enjoyable way to spend a Sunday morning.



Track update: The Mary Valley Rail Trail Association has repaired a section destroyed by flood in 2022. They have erected another shelter shed near the Bellbird habitat. The Koala Action Group Gympie Region has planted many trees. As the trees grow, the track will have shade. These volunteer groups are to be congratulated.

More good news! Gympie Regional Council is to release a feasibility study to extend the rail trail from Imbil to Ammamoor. This would include several bridges and the Melawondi tunnel.



# Park Lakes

*“Oh what a beautiful morning,  
Oh what a beautiful day”*

After the original meeting place was too crowded, six walkers gathered at the Bli Bli football club grounds, for a VERY easy, VERY short wander around several lakes at Park Lakes. There have been 190 bird species identified in this area, though only some were floating on the lakes and singing in the trees. Yellow tailed black cockatoos were eating the Banksia seed pods and there were some black swans. Native trees and shrubs surround all the lakes and there are concrete paths around each lake. There is an Avenue of Honour of commemorative plaques for all the Australian Defence Force’s operations and peace keeping duties and a cenotaph.

After meandering around all the lakes...SURPRISE!!!, we ended the morning at “The Local,” a coffee shop. Check it out if you are interested in birds, native plants, easy walking and coffee shops.



## July Club Meeting – new date

Please note the July club meeting will be on 2<sup>nd</sup> Monday – July 10.



## Track Maintenance



## Mt Ninderry

Friday Afternoon on Mt Ninderry

A – Afternoon fun with a climb up Ninderry

B – Beautiful sunset to watch from the top

C- Chilly enough for puffer jackets and beanies

D – Delightful company to enjoy sunset drinks with

E – Exciting walk down the mountain by torchlight

*Sam Rowe*



## Garmin InReach – what happens when you trigger the SOS function

*The club as a Garmin InReach which can be borrowed by members. The InReach is a satellite communication and SOS device.*



*So what happens when you press SOS button?*

The process varies slightly depending on the emergency, device type and location, but in a matter of minutes the basic workflow is:

1. The SOS alert, including exact GPS coordinates, is received by the Garmin Response team.
2. A team member starts the response coordination by acknowledging the SOS with a message back to the device and requests more information regarding the nature of the emergency. If the user is unable to respond, the team member continues the rescue coordination.
3. Using the GPS coordinates automatically sent from the device, the team member consults the global first responder database to determine the local emergency service to contact and initiates communication with them.
4. The team maintains communication with the user via two-way messaging to gather information regarding the incident.
5. The team calls the emergency contacts listed in the user's profile to inform them of the SOS and request additional information that might aid in the rescue.
6. If possible, the Garmin Response team connects the rescue agency directly to the user for communication via two-way messaging through their device.
7. Throughout the entire process, Garmin Response will monitor the user's location and send progress updates to the user and emergency contacts until the rescue is completed or cancelled.

More info can be found [here](#)

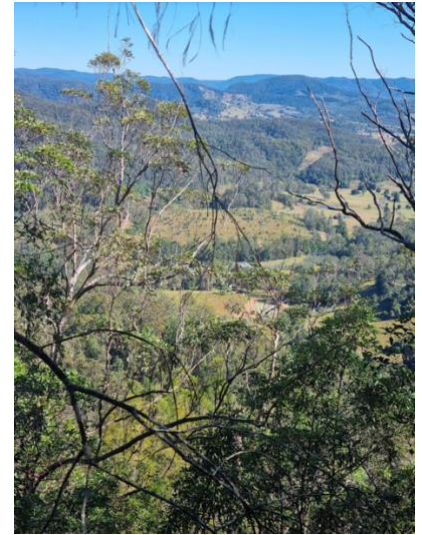
Source: Garmin website

# Witta – Schultz Rd through Kondalilla National Park



A small group of 10 walkers lead by Alf started walking along Shultz Road towards Kondalilla National Park on a windy cool morning. Our first stop was to overlook Kirby's Road. From the end of Shultz Road, we tracked through the forest and found a morning tea spot. After admiring the view out over Obi Obi valley, we then walked the fire trails through Kondalilla National Park

Our walk back to the start finished 11.30. Coffee and cake was enjoyed by all at the Nest Cafe. Great walk, great company.



## Kureelpa Falls



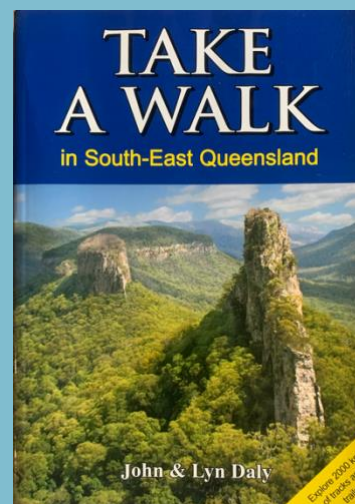
We had a great walk with perfect weather although a bit brisk at 7.30am. We ended up with 6 of us and kept a steady pace.

We didn't notice the hills whilst chatting but benefited from the exertion.

Enjoyed a lovely coffee at the bakery afterwards.

## Club Library – Book Review

*TAKE A WALK in SOUTH EAST QUEENSLAND*  
John & Lyn Daly



This is one of a series of books the Daly's have published on walks in Australia. As the title suggests it covers many track walks across the south east including the Sunshine and Gold Coast, Brisbane, Darling Downs and Granite Belt.

Each walk description includes distance, difficulty, a rough map, walk notes and photos. Dotted throughout are interesting tit bits of info and notes on flora and fauna.

This book is well worth a look if you're seeking new places to discover.

# Summer Falls Overnighter

We gathered at Kenilworth and car pooled into two vehicles for the drive in past the Charlie Moreland campsite and up the dirt to join the Great Walk route only about five kilometres from our destination.

This left an easy short walk in to the Summer Falls Great Walk campsite. The walk roster should have been filled with members who wanted to try out a hike carrying overnight gear, but as it was there was only one person who hadn't done a through walk overnight before (which only goes to prove how enjoyable the experience must be). Admittedly the numbers were limited because there are only six official campsites.

We had three Karens/Karins - Janine, Sam, Rod and Richard being the only non Karens - and only occasional confusion in communicating.



The night was cool but dry and we were able to have a very relaxed morning start as there was such a short walk out, even allowing time for one hardy soul to swim in the cool pools on the Falls.

A partial recap of our afternoon's walk, but with full packs this time, allowed us to return to the cars via a loop. Interestingly we met four offroad motorbikes on the Great Walk track, which was fuel for discussions, especially when we realised that our track entry point explicitly banned horses - but not motorbikes.

The return to Kenilworth led to a well received coffee / pie / doughnut for some - actually a combination doughnut with hot liquid coffee inside it for one - still not sure how that works.

Excellent fun and not to be missed when it comes around again.



The Summer Falls campsite is exceptionally pretty and you could simply sit there all day to enjoy the changing light, listen to the burbling splashes of the waterfall, and commune with whoever. But, after pitching our tents, everyone opted to head off to explore with Rod. So, carrying only our day hike gear, Rod led us around the trails and down a spur to a beautiful view back to the campsite and the Falls. Another short traverse around the main track and we went down another spur into a tributary creek bed, before scrambling back up to the main trail. Well worth the effort and Rod promises to put it on as a day walk later in the year.

Back at camp we watched the sunset colours from the cliff top and solved the world's problems, before heading back to the tents for early dinners and snug night in the sleeping bags.







Friday 4th August 2023  
**Pilgrimage Trivia!**

**Gather your Brains Trust of between 2 to 6 people**

How well do you know bushwalking, tramping, hiking and trekking?

With a little bit of history, a bit of geography, a little bit of botany,  
a bit of twitching and plenty of local knowledge thrown in.

**Nibbles provided • BYO drinks**

**PLUS there'll be great prizes to win on the night!**



Trivia in the Pavilion  
at the Kalbar Show and Campground

• What's the highest peak in SEQ? |

Register for the Pilgrimage  
<https://www.brisbanebushwalkers.org.au>



The Bushwalking Queensland Pilgrimage will be hosted by BBW in Kalbar on the  
4th - 6th August 2023

For more information, please click on this [link](#).

To register your attendance and payment details, click here: [Pilgrimage Link](#)

**UNTIL NEXT MONTH..... HAPPY TRAILS**