



THE TRUDGE

December 2022 / January 2023

Club meetings are on the first Monday of each month (excluding January)

Refreshments and walk sign on available from: 7:00pm

Meeting commences: 7:30pm

Buderim Craft Cottage

5 Main St, Buderim

(If the first Monday falls on a holiday or long weekend the meeting is held the following Monday)

Scheduled activities are on <https://www.scbwc.com/activities>

Committee Members 2021-2022

President:	Sam Rowe	pres@scbwc.com
Vice President:	June Hughes	vp@scbwc.com
Secretary:	Neralie Carr	sec@scbwc.com
Treasurer:	Karen McNamara	treas@scbwc.com
Walks Coordinator:	Linda Gregory	walk@scbwc.com
New Member Officer:	Lorri Carrol	enquiry@scbwc.com
Grants Officer:	Peter Fowler	grants@scbwc.com

Non Committee Positions

Hire Equipment Officer:	Garry Carr	equip@scbwc.com
Trudge Editor:	Katherine Galligan	trudge@scbwc.com
Abseiling Coordinator	Peter Fowler	grants@scbwc.com
Librarian:	Gerard Gallop	cooroora35@gmail.com

Email enquiry@scbwc.com if you are unsure of whom to contact. They will forward your query to the appropriate individual.

Please send walk reports and photographs to trudge@scbwc.com

Members should email enquiry@scbwc.com if they are not receiving general email communications from the SCBWC.

If you are a SCBWC member, join our closed Facebook group.



Important Insurance News

As discussed at February meeting here is some important information regarding our insurance coverage. Please also note, as discussed in September, ebikes are not covered under the policy. Full details can be accessed below

INSURANCE COVER

Insurance for SCBWC members is arranged through the peak body of the Australian bushwalking federations, Bushwalking Australia Inc (BA). There is coverage of both Public Liability and Personal Accident. Club members and visitors are insured while participating in all activities conducted by this Club, including pre-outings, meetings, social events and travelling to & from Club activities.

The policies can be viewed and downloaded at <https://www.bushwalkingaustralia.org/insurance> /insurance-overview

Some Clauses in the Policy:

Do The Liability And Accident Policies Cover Extended Trips Interstate Or Overseas, E.G. Those That Involve Extensive Travel?

The policies do not provide cover for activities undertaken overseas, except for NZ. The policies do provide cover for activities undertaken interstate and in NZ, but only for the duration of the approved activity i.e. the policies should not be relied upon to provide coverage and benefits equivalent to those provided under a travel insurance policy. For example, a club trip over the course of say two to three weeks to another state would typically involve a range of bushwalks, interspersed with travel between walk locations, sightseeing or other tourist activities, shopping, dining etc. The BA policies would provide cover only while participating in those activities listed above as approved activities i.e. bushwalking, and would not cover say accident or injury while travelling, shopping, etc. When undertaking extended trips, whether overseas, to NZ or even interstate, participants should be strongly encouraged to consider their own insurance arrangements, including travel insurance.

Acknowledgement of Risk Are Temporary Members (I.E. Visitors) Covered By The Insurance Policies?

The insurance policies arranged by BA are to cover clubs and their members. Our insurers recognise that many clubs accept (or even require) intending members to complete one or more walks with the club as a pre-requisite to applying for full membership and have agreed that cover under the policies can be extended to them provided they become temporary members for the duration of the activity. To formalise such arrangements, BA strongly recommends that club rules include provision for temporary membership, and those temporary members complete and sign an Acknowledgement of Risk for Temporary Members before participating in each activity.

What Is The Purpose Of The Acknowledgement Of Risk Form?

BA has advised its insurers that member clubs require: temporary members/visitors and renewing members to sign the AoR, and the insurers factor this into the cover provided, policy conditions and exclusions and ultimately premiums. The purpose of the Acknowledgement of Risk (AoR) is to help ensure that participants: understand the basic requirements of participation in the activity they are about to undertake, and the potential risks that they are about to expose themselves to. In the case of people new to

bushwalking, the AoR is particularly important in ensuring they have at least a basic appreciation that there are some risks involved in going bushwalking. In the case of existing members, it is hoped that signing the AoR at the time of renewing their membership is an annual reminder that there are risks involved in going bushwalking.

Is A Member Of An Affiliate Club Considered A Temporary Member (Visitor) If They Participate On An Activity With Another Affiliate Club?

For insurance purposes only, the answer is no, provided that the affiliate club is also covered under the insurance policies. The person will not be required to complete an Acknowledgement of Risk form as they should have done so at their own club. If there is any doubt about whether the club the visitor belongs to is an affiliate and/or covered by the insurance policies, this can be confirmed by the state peak body (i.e. Federation) or by the insurance broker. While a person from another club may not be considered a visitor for insurance purposes, the host club may have other requirements that visitors must comply with.

New Members

We would like to warmly welcome the following new members who were voted into the club at the last meeting:

Dan Steward

Life Members

Please welcome our new “Life Members”

Members that attended the recent AGM unanimously voted in 6 new very worthy **"Life Members"** as mentioned below. When you see them next, please congratulate them & acknowledge their dedicated service to the club over the past 25 to 30 years of the club's 47-year history. These now Life Members, have played a big part in the club's strength, culture, endurance, vibrancy & diversity. They represent everything you love about our club.

Malcolm & Jenni Rodley

Malcolm & Jenni joined the club in 1997 (25 years ago)

Jenni: Secretary x 2 years & Tea Lady x 2 years

Malcolm: Trudge Editor x 2 years and introduced colour into the then printed hard copy Trudge. President x2 years.



Back row: Vicki, Russell, Louise
Front Row: Malcolm, Jenni, Phil

Malcolm & Jenni were activity leaders and camp organisers over more than 20 years. During their active time with the club, they lead walks, cycles, canoe outings, through walks and camps. They enjoyed the outdoors and social interaction with other club members

Their involvement also included Clean Up Australia Day activities; Council Sponsored Walks; and "Organising Committee" on two occasions for the Annual Pilgrimage

One of their most memorable moments was the first through walk they did with the Club, it was on Moreton Island, a three day walk, which was now more than 25 years ago. It was Janette and Brian's Birthday Weekend. They had no equipment and took their kid's back yard tent with no sleeping mats. An advertisement in the local

newspaper secured two pre-loved back packs. They carried a bottle of red wine (in the glass bottle) and a 1kg fruit cake. They say they've learnt a lot since those days.

They have been on some great trips with the Club to numerous places through-out the country and the experiences have enriched their lives. Brian and Don (2 of our current life members) were a great encouragement and were very patient. Malcolm & Jenni learnt a lot from them.

Phil & Louise Pratt

Louise and Phil joined the club in 1997 (25 years ago)

"We are indeed very humble to have been nominated for this award. The club has given us so much over the years particularly in confidence to trip in all sorts of places local and overseas, we have made lifelong friends."

Back when they joined the club, there was no internet and after a lot of enquiring finally found the club. Getting involved was life changing and they are forever grateful to the club.

Phil did a 5-year stint at the front table as walks secretary and president, but apparently according to Phil most of the hard work was done by Louise. She took the Trudge from a one-page A4 to multi pages and even photos. In those days walk reports were often handwritten and posted in, typed out and taken to the printer, collected, stapled, and posted to other clubs. That involved a lot of work.

Under Louise's guidance and organising, the club did numerous walks in NZ, included accommodation, walk bookings and transport. On one of these trips there were 22 members.

Phil's first official job was "Tea Lady". Anzac Biscuits the order of the day, no complaints.

All club activities appealed to them, From local day walks, some quite challenging, to multi-day through walks in Australia and New Zealand. Social times, and then gradually kayaking and cycling as they were added to the program. All good fun except maybe on a 30-degree day scrambling up a monster hill.

They participated in several interstate walks - Overland in Tasmania, certainly one of the best. Also, trips to New Zealand. Many of "The Great Walks", Milford, Routeburn, Kepler, Whanganui River (a 6-day paddle, Banks Peninsular and Nelson Lakes to name a few. Some of their fondest memories include Jacks Place, Wilsons Prom, paddling down the Whanganui River must be up there too.

They have made Life-long friends with people who enjoy the Australian Bush and other outdoor activities. They have passed bush bashing and long walks but still lead the occasional bike ride.

Their proudest and their humblest moment is now the gift of becoming "Life Members."

Russell & Vicki Knight

Vicki joined in 1992 (30 years ago) with Russell joining the following year in 1993 (29 years ago)

Russell: President 2001 – 2003 for 3 years, Trudge editor & Assistant Trudge editor when the trudge editor was unavailable

Vicki: Treasurer for 5 years

Of the hundreds of walks/cycles they have been on, those they lead or just participated in, they enjoyed all equally. Base camps were always great fun. Sitting in the evening around a campfire enjoying each other's company.

They were on various organising committees and volunteered as a walk leader for Pilgrimages. They organised Cycle trips in New Zealand's South Island.

Their fondest memories and proudest moments over your years with the club been the 1997 Snowy Mountains through walk, Larapinta Trail in the MacDonnell ranges, the walk in Nepal 2000 & they also have many great memories of walking and cycling with the club in New Zealand.

Did you know?

Long before the Sunshine Coast Hinterland Great Walk and Baroon Pocket Dam was constructed the club was floating down the Obi Obi but not as easy as it is today.

In 1988 club members with national parks rangers slashed a trail from Obi Obi Creek through to Skenes Creek to give access up to Kondalilla Falls.

In those days you had to rock hop up Skenes Creek after your day-long float through.

It must have been a tough day! extracted from the October 1988 Trudge ...

"The land which had been used for grazing in the past is covered in lantana and blackberry. Due to the difficulty of finding the creek's junction, many people have had problems finding their way out. In order to alleviate this our job was to help slash a track over the weed infested land, making it easier to access Skenes Creek. From the bottom of Kondalilla Falls we walked down Skenes Creek, a very gentle grade and pleasant walking. After about one hour we started to slash with brush hooks and machetes across the lantana.

This trail was to eventually become part of the Sunshine Coast Hinterland Great Walk.

Research by Peter Fowler

Kirbys Road Environmental Reserve

1-2 December 2022

Kirbys Road Environmental Reserve

Late 2022 saw club volunteers complete 1200 metres of new walking track.

Up a big hill and down the other side completed in 7 days, a mighty effort in the middle of summer.

The mini excavator does the heavy lifting, shaping and pushing dirt around.

Volunteers carry out the "beautification" final raking and ensuring the drainage paths work efficiently to minimise erosion of the track.



Stair construction was introduced for this track, a way to quickly gain or lose height in the steeper areas.

Construction of the next track to hopefully begin in the cooler months later in the year following environmental approvals. Come join the activity. It is fun.

As you can see from the lunch time photo there was plenty of social chatter between easy track raking.



Abseiling



Are you interested in trying abseiling or attempting something more challenging? An EOI email has been recently distributed by Peter Fowler with a short survey to gauge interest:

<https://form.jotform.com/230462543912856>

The club has been running a number of abseiling events from beginner to more experienced for 5+ years and we have members trained to lead as well as in vertical mobility and self rescue. Abseiling is a fantastic way to challenge yourself, gain new perspectives and have fun hanging out in the air. All equipment is supplied.



Liz Tanner from the Gold Coast club is running a trip to the Blue Mountains. Please contact her for more information if you're interested.

I am a member of Gold Coast bushwalking club. I am running 2 trips to Blue Mountains in spring and have another in autumn and some spaces are available.

26 April - 2 May

Cost \$650

The plan is to fly to Sydney then catch the train to the Katoomba. I have hired a van and cabins at Katoomba Falls Caravan Park. Walks will be according to fitness and knees but all abilities are welcome. If you want to stay on and explore Sydney after you will need an opal card.

Liz 0466966404

Lizjtanner@yahoo.com.au

You're invited: Clean Up Australia Day



Sunday 5th March – 7.30am to 9.30am

North Shore Road – Twin Waters

Please wear – protective footwear, hat, sunglasses and apply plenty of sunscreen

Please bring – water, gloves (gloves will also be provided), cup and hot water

Maroochydore River is available for swimming after the work has been done.

Morning Tea treats will be provided

Contact Sam 0417065441 to be involved in the morning.

Until the next edition...

HAPPY TRAILS