

# THE TRUDGE

## September 2022

Club meetings are on the first Monday of each month (excluding January)

7:00pm Refreshments for 7:30pm Meeting
Buderim Craft Cottage
5 Main St, Buderim

(If the first Monday falls on a holiday or long weekend the meeting is held the following Monday)

Scheduled activities are on <a href="https://www.scbwc.com/activities">https://www.scbwc.com/activities</a>

#### **Committee Members 2021-2022**

President: Rod Edwards pres@scbwc.com Vice President: Sam Rowe vp@scbwc.com Secretary: Stephen Hunter sec@scbwc.com Treasurer: Pam Sanders treas@scbwc.com Walks Coordinator: walk@scbwc.com Linda Gregory Membership Officer: Lorri Carrol enquiry@scbwc.com Grants Officer: Peter Fowler grants@scbwc.com

#### **Non Committee Positions**

Hire Equipment Officer:Garry Carrguznez6@gmail.comTrudge Editor:Stephen Huntertrudge@scbwc.comAbseiling CoordinatorPeter Fowlergrants@scbwc.comLibrarian:Gerard Gallopcooroora35@gmail.com

Email <a href="mailto:enquiry@scbwc.com">enquiry@scbwc.com</a> if you are unsure of whom to contact. They will forward your query to the appropriate individual.

Please send walk reports and photographs to <a href="mailto:trudge@scbwc.com">trudge@scbwc.com</a>

Members should email <a href="mailto:enquiry@scbwc.com">enquiry@scbwc.com</a> if they are not receiving general email communications from the SCBWC.

If you are a SCBWC member, join our closed Facebook group.



## Kin Kin Ramble (Noosa Trail #1)

Sunday 28 August 2022



Originally named Noosa Trail #1 we decided this hike deserved the more picturesque name of Kin Kin Ramble! A dreary day turned wet with frequent showers (the norm for this hike I was told) but the 9 of us were well prepared so it did not dampen our mood.

This 15km circuit hike gave us everything! Bitumen roads, dirt roads, paddock trails, creek crossings, mud.... Up rolling hills, down dales, views that went forever.... 17 (yes 17!) gate opening and closings.... Over 30 different types of birds, a couple of mobs of roos, horses, cattle (including one herd that were a bit reluctant to clear off the track for us!)

A well sign posted trail with a couple of picnic shelters along the way as well as an appreciated porta-loo. The day was rounded off with refreshments at the Black Ant Cafe in Kin Kin.

Thanks to Linda and Sarah for leading a very enjoyable countryside ramble!

#### **Kate Russo**



### **Emu Mountain**

### **Sunday 4 September 2022**







This walk led by Helen Bernard had 14 members and one visitor join us. We were very lucky to have beautiful weather with a gentle cooling breeze to make it very pleasant.

We started the walk at Coolum State School following the track beside Stumers Creek and then crossing the back of the football field to enter the track that takes you to the southern side of Emu Mountain. There was a little bit of water on the track that we had to navigate, but not too much to worry us. There were a number of people on the walk who were very interested in spotting the abundant wildflowers and lots of flower photos were taken.

After the steep but short accent to the top of the mountain, we had morning tea, taking in the great views in all directions. We were quite lucky to have the top of the mountain mostly all to ourselves. We descended on the northern side of the mountain in the hope of finding an orchard that had been spotted a week before by Kate. Unfortunately, orchard eluded us on this occasion, but it was nice to descend on the other side and add a little bit more distance to our return walk back to the cars at the school.

This is a lovely local walk that is around 10 km and only takes about 3 hours at a slow pace. It was so nice to see a couple of our older members Alf and Bernhard out on the track and enjoying walking. Thanks Helen for putting on this walk to fill a gap in the calendar.

#### **Karen Edwards**



## **Binnaburra Base Camp**

Friday 9 September to Sunday 11 September 2022





### RECIPE FOR BINNA BURRA FAVOURITES

### SHIPSTERN CIRCUIT.

- Preheat to 23 degrees.
- Follow the directions.
- Place 10 bushwalkers on the 21 km Shipstern Circuit.
- Blend picabeen palms, red cedar and flooded gums into rainforests.
- Add a volume of water over Ballanjui Falls.
- Mix in open eucalyptus forests with scribbly gums.
- Sprinkle with wildflowers and orchids.
- Combine views of Egg Rock, mountains and the Numinbah Valley.
- Serve morning tea and lunch with conversation.
- Slowly remove along the Border Track to Binna Burra.

### VARIATION: DAVE'S CREEK CIRCUIT

- Pre-set the temperature to cool.
- Adjust the time for a 12km completion.
- Continue mixing a variety of forest types.
- Add sightings of birds.
- Set aside snacks at Picnic Creek.
- Decorate with more views, wildflowers and orchids.
- Arrange a climb up Surprise Rock.
- Remove again to the Border Track.
- Share with memories and stored photos.

Thanks to Organizer and culinary expert Linda.





#### **BINNABURRA BASE CAMP - DAY 1**

The first hike planned for our base camp was Ships Stern. However, as I listened to the rain on the roof on Thursday night and checked the BOM report, it became less and less likely that this hike, or any other would take place.

However ...... we are bushwalkers and a bit? of rain was not going to deter us from lacing up ourboots, grabbing our umbrellas, donning our rain jackets and going for a hike.

We had a few hours between the rain slowing and predicted afternoon storms. Sam suggested making a loop of two walks, the Caves Circuit and part of the Lower Bellbird.

Both walks gave us the chance to enjoy the unique and beautiful scenery of Lamington National Park.

We spotted orchids, listened tobirdsong, saw a wedge tailed eagle fly over us as we ate lunch and were back to our base camp before the rain came in again.

Thanks to Sam for getting us out on Friday and to Karin, Richard, Marilyn, Rod, Leanda, Chris, Peter and June for supporting the weekends activity.

### **Linda Gregory**





### **Eumundi Conservation Park**

### Sunday 11 September 2022

13 People walked the 10 km journey through Eumundi Conservation Park.

We were blessed with a beautiful sunny day without it being too hot, no rain which was great.

We walked route 4 through a lovely wide track, negotiating a few puddles.

After a morning tea break we walked the no 2 circuit, Geebung circuit, back to the morning tea spot for a water break, then back on route 4 to the carpark.

A few previous downhills proved to be a few steepish uphills which we didn't coming.

A few of us then had a lovely coffee at the Fairhill Botanical gardens cafe as a reward.

No chocolate though!











#### **Diana Korving**



## **Chinaman Creek Orchid Spotting**

### **Thursday 22 September 2022**

Taking advantage of the specially created public holiday to mourn the death of Queen Elizabeth II (thank you 'mam) Helen, Linda, Leanda, Peter, visitor Marilyn (newly from Brisbane) and I joined up at Witta and car pooled to the start of the walk. The weather was drizzly and the normally stunning views on the drive out were heavily obscured by low cloud.

We set off with rain jackets and umbrellas but soon had to strip off the jackets to keep cool. The rain was persistent but not heavy, and the track wet with a few big puddles to negotiate at the start. With Helen and Linda's eagle eyes we spotted lots of different orchids, both on the ground, on rocks and trees. There are still many to come out and it would be worth heading out there again.

The walk is mainly around fire trails but scouring, wash-outs and tree falls are taking their toll with no evidence of maintenance in the last year. At the junction with Chinaman Creek we followed the creek downstream - passing what was a small pool, now big enough to consider a dip in more pleasant weather.

Due to the wet weather we by-passed trying to walk down the rock slope to the lookout and instead took another route to get to the first part of the waterfalls where we were rewarded by a magnificent couple of creamy yellow orchids (pictured) clinging to the rocks.

Deciding not to progress any further due to the slipperiness of the rocks we ate morning tea sitting under our respective umbrellas. We got steadily wetter by pushing through the scrub to get back out and then completed the loop back the cars and home for a hot shower.

Ironically the sun came out just as we were all driving home but it was a very enjoyable morning despite the weather.



#### **Clare Staines**





## **Baiyambora Gorge and Yabba Falls**

### Sunday 25 September 2022

Well the Baiyambora Gorge and Yabba Falls hike threw absolutely everything it had at us – it was visually spectacular, logistically frustrating, physically challenging and just awesome.

We met early at Eumundi and travelled out in two vehicles under a sky clearing to vivid blue making the drive out along the remote and extremely picturesque Bella Creek Road.

A couple of iridescent King Fishers perched low to welcome us before flitting off, then a herd of chocolate brown cows with their young calves in tow blocked our path refusing to allow us to push through as Farmer Joe herded them over the road to more endless rolling hills of lush pasture.

A couple of shy wallabies leapt back into the bushes as we drove on further over the many creek crossings, the last couple adventurously through shallow-enough flowing water.

Who needs to go hiking, we thought -we might as well just drive up and down this picturesque road ... until we did just that.

Unfortunately with the unseasonably wet year making the waters flowing through the gorge a must-see, the flip side was that it had gouged out the dirt road such that our sturdy Nissan X-Trail that had made this trip effortless on three previous occasions furiously spun its wheels and threw in the towel half way up a steep rubbly section of road.

Our other 4WD returned to assist and after a lot of head scratching went in search of a snatch strap to borrow very early on a Sunday morning in the remote countryside.

Thankfully one of the farmers, way back down the road unearthed one from his shed and with some innovative tweaking from our group we were back on the road.

Undeterred by the setback we determinedly barrelled through impossibly dense lantana down the gorge with those in front bearing the brunt of the attack.

Thankfully once down in the creek we were truly rewarded with hours of endless cascades and pools to rock hop through and over until the piece de resistance... the Yabba Falls .... absolutely breathtaking with a magnificent volume of water surging out of a chute and cascading broadly into multiple pools against an impressive backdrop of dense bush and massive hoop pines.

So worth it!!!

We savoured it for as long as we could and were late getting back to the cars exhausted and content, driving out under a glowing red sunset.

What a day.

A big thankyou to Peter Fowler for inviting us (Leander, Jon, Regina, Evo, Catherine and myself) to follow him into this wilderness.

**Susan Taylor** 

## Noosa Trail #2

### Sunday 25 September 2022



A perfect day for walking!

Temperatures hovered between 20C and 23C, it was partially sunny and with low humidity – it doesn't really get better than this on the coast.

Linda, our stand-in leader (hopefully your ankle is on the mend Christine) corralled the ten of us (6 members and 4 prospective members/visitors) at the Kin Kin hotel where we car pooled back towards Cooran and the start of the walk on Camphor Road.

And a good job we did car pool, as there wasn't much in the way of parking (good reconnaissance).

After a short uphill, well it appeared short in hindsight and after the later climbs in the walk but perhaps not so short at the time ①, we were rewarded with early spectacular views

As the walk progressed we walked along quiet paths trails and the occasional short stretch of road.





The slight obstacle on the trail, a small landslide in a paddock was easily and carefully navigated, and as we exited the farm passed friendly horses and the nearly as friendly farmer.

A short stop for morning tea and then a series of uphill climbs along Shepperson's Hill ensured that we had a week's worth of aerobic workouts.

More spectacular views of Lake Cootharaba, then passing the quarry and before we knew it, we were ready for an early lunch in time to join the last portion of Noosa Trail #1.



Lunch was at Shepperson's Park, and that's where the ambush occurred.

A dozen hungry chooks moved in – no space was left unpecked, no backpack went ignored but still we prevailed with lunch consumed intact.

Bushwalkers 1 - Chooks Nil.



A victory for the good guys.

The final 2.5km stretch back to Kin Kin followed Trail #1, which included a short climb and the end of a 14km walk, 23 gates and a beautiful day.

#### **Steven Watts**

# **Hiking Boots for Sale**



Keen Ridge flex mid wp w, in timberwolf/brick dust colour - US size 9.5.

Worn 3 times but too big. They are a square toe box for wide feet.

Bought on sale for \$255, were \$320.

Will consider offers.

Contact Diana Korving 0478 297 915

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### **Bush Band Dances**

Michelle Freeman who is a long term member of our club has joined a band, called the "Bale 'Em Up Bush Band".

For any club members who would like a social night out, you can enjoy Michelle's band at the Palmwoods Memorial Hall, 1 Main Street, Palmwoods.

Entry is \$20pp, Concession \$15pp.

There will be regular monthly dances, mostly on the 1st Saturday of each month. If a group wish to attend they can book a table by contacting the band leader, Russell on 0409 921 497 or email at <a href="https://hotslead.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nlm.ncbi.nl

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Again, a few cancellations again this month (damn that La Nina) but there are always more opportunities to get out and about. Thanks to everyone for their reports and photos. Cheers,

### Stephen



