

THE TRUDGE

May 2022

Club meetings are on the first Monday of each month (excluding January)

7:00pm Refreshments for 7:30pm Meeting
Buderim Men's Shed
38 Advance Road, Kuluin

(If the first Monday falls on a holiday or long weekend the meeting is held the following Monday)

Scheduled activities are on https://www.scbwc.com/activities

Committee Members 2021-2022

President: Rod Edwards pres@scbwc.com Vice President: Sam Rowe vp@scbwc.com Secretary: Stephen Hunter sec@scbwc.com Treasurer: Pam Sanders treas@scbwc.com Walks Coordinator: walk@scbwc.com Linda Gregory Membership Officer: Lorri Carrol enquiry@scbwc.com Grants Officer: Peter Fowler grants@scbwc.com

Non Committee Positions

Hire Equipment Officer:Garry Carrguznez6@gmail.comTrudge Editor:Stephen Huntertrudge@scbwc.comAbseiling CoordinatorPeter Fowlergrants@scbwc.comLibrarian:Gerard Gallopcooroora35@gmail.com

Email enquiry@scbwc.com if you are unsure of whom to contact. They will forward your query to the appropriate individual.

Please send walk reports and photographs to trudge@scbwc.com

Members should email enquiry@scbwc.com if they are not receiving general email communications from the SCBWC.

If you are a SCBWC member, join our closed Facebook group.



Kureelpa Falls

1 May 2022



On the 24th April Helen led 13 walkers around the circuit walk to Mapleton Falls. There is a maze of tracks, well known to Helen and Alf, but there were LOTS of leeches.

Unfortunately, Linda was unwell the following week and Helen once again led 12 walkers to Kureelpa Falls.

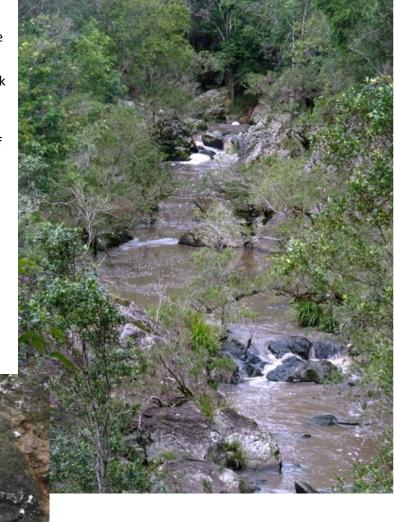
On arrival at the meeting place, there were LOTS of school students and their parents training for a Kokoda Challenge.

Fortunately they were going in the opposite direction and we walked along the VERY muddy track to Kureelpa Falls.

We hope that the visitors were not discouraged by the leeches and mud!

June Hughes

(Photos Steven Watts)



Jack's Place - Kayaking Weekend

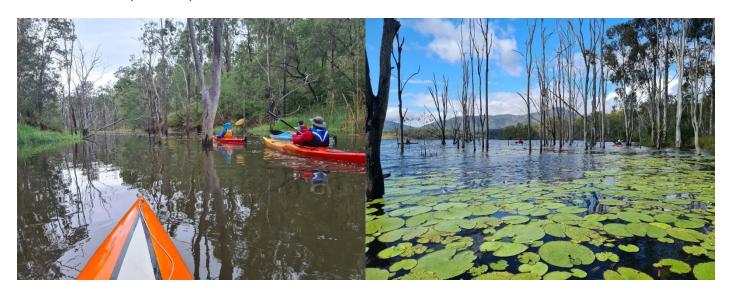
6 - 8 May 2022



This was our first time staying at Jack's Place and it did not disappoint. When we set off from the Sunshine Coast on the Friday afternoon we didn't get too far down the Bruce Hwy and we thought of turning back, as we were going through torrential rain and it looked very black to the south. But we decided we didn't want to miss our chance to experience Jack's Place at long last. Luckily, despite the gloomy weather forecast, we didn't get too much rain for the weekend and the rain we did get, didn't affect our outings.

We arrived late Friday afternoon and Don, Joe & Garry welcomed us warmly. After our orientation and setting ourselves up in the 'Honeymoon Suite", we settled in for a lovely night of conversation around the kitchen table. As we were first timers, we were full of questions regarding the history of how the club had come to be fortunate enough to have use of the old farmhouse which became the Cotswold Post Office for a while — and is now known to the club as Jack's Place. Our life member Don Burgher was a great source of information and gave us a full history lesson. There is also an information folder there which makes great reading.

We woke to a reasonably fine Saturday morning and decided we'd head off to Wyaralong Dam about 50 minutes away, just north of Boonah, to do some kayaking, which is what we came for. When we arrived, it became evident that there was a major rowing event taking place. Not wanting to show them up with our kayaking skills we put in a short distance away at a ramp near the dam wall and set off.



The conditions were absolutely perfect with no wind, cloud cover to keep us cool and the water surface was like glass. The dam was at full capacity and we were able to explore right down a few arms of the dam and paddle through and over dead trees. In these areas there was quite a bit of birdlife including a variety of water fowl, birds of prey and Kingfishers. We found a lovely grassy morning tea spot which had a picnic table and a toilet as a bonus. This area is used by bike riders as the dam also has numerous bike tracks and a walking track around it. We will consider the walking track on another visit, as there is also a camp site on the track.

After a few hours out on the water, we returned to Jack's Place, via Boonah were we stopped and had some lunch. Back as Jack's it was time for an arvo nap for me and rest time for the men. Rod had a bit of a wonder around doing some bird watching and was fortunate to see a pair of Pacific Bazas. Saturday night was BBQ night, so the Barby was fired up and with combined efforts we had a lovely dinner.

Sunday morning looked a bit more gloomy, but we were determined to do a bit more exploring out on the water, so we headed to Maroon Dam, which is only about 10 minutes away. Like Wyaralong Dam, the recreation area is very well maintained with beautiful grassed areas and excellent landing areas. This is a smaller dam and we covered a good part of it, once again getting right down the reaches of the dam and exploring through the dead trees. At one point we came to a beautiful little waterfall and paddled right up to it.



Both dams made for excellent kayaking and opened our eyes up to some different walking tracks and camping available in the area which we have stored in our memory for another time.

We left Joe, Don and Garry at this point who were staying an extra night and headed home, very happy that we had now experienced the wonderful Jack's Place, knowing that the Club is very fortunate to continue to have use of the cottage. Hopefully, like many members in the past, we will create many more wonderful memories there.

Thanks to Don, Joe and Garry for giving us a weekend to remember.



Kin Kin Countryside Loop Future Leaders Walk

Saturday 30 April 2022

The intention for this walk was to give members, interested in leading club activities in future, the opportunity to gain an understanding of what's involved & to get answers to any questions that spring to mind along the way.

Linda & I were co-leading this walk but unfortunately Linda fell ill with COVID so it was up to me to pass on what knowledge I have. This was my first walk back from COVID so in my opinion it was the perfect walk for my return i.e. 14km of up & down rolling hills with beautiful green countryside scenery.

One of my favourites with just enough to test the fitness without destroying me.

Diana, Stephi, Sarah and David all rolled up even though the weather looked very ominous. First up it was pouring rain as we were mustering but were fortunate to have a small shelter to huddle under so we used this time to start discussing the tasks & responsibilities of a club activity leader.

I must state from the outset, that a leader is volunteering their time to organise activities for the enjoyment of our members in the great outdoors in a community of like-minded people. They then take responsibility for the care & safety of the people attending.

Leaders lead because it's fun & extremely satisfying to assist members new to leading, the club's experienced leaders are committed and keen to offer their support whatever that looks like.

Please reach out or join one of these innovative walks specifically designed for supporting the future leaders of our club.

This is such a pleasant walk and perfect for chatting along the way, although there are some moments of breathlessness climbing a couple of the hills. After the initial poor weather, it turned out to be fine with rain jackets staying in our packs.

We talked about many things relating to being a leader including choosing a suitable walk, surveying your chosen walk, grades, pace, registration process, visitors, day of the walk logistics, attendance limits, compulsory items to bring, 1st aid, safety protocols out on the track etc etc.



We also talked about the fact that while there are certain guidelines that must be followed, you as leader are running the show and have the right of choice i.e. where you walk, what type of walk & length, when you walk & how you go about it e.g. pace, limit. It's all up to you including the decision to postpone or cancel if necessary. Remember you are volunteering time for this so you are the master of how you spend it. You are contributing to the club's future viability.

All in all I really enjoyed my day out with these enthusiastic future leaders whom, as I write this report, have either planned their first lead or have well advanced plans to do so in the near future.

Rod Edwards

Vertical Mobility Self Rescue Course

28 - 29 May 2022



Dynamic, static, prussic, zeppelin bend, bunny ears, alpine butterfly and munter hitch just to name a few of the terms that needed to be applied over the weekend.

How do you bypass a knot in your abseil rope half way down a 50 metre cliff?

How do you join 2 ropes and make sure the knot does not fail?

The training was all about safety in the mountains.

You can be assured of feeling much safer in the mountains when you are out with these guys on a club activity.

Peter Fowler



Bushwalking walks

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Ε	G	R	K	S	E	W	M	L	S	P	Ε	U	N
В	Α	K	K	L	Н	N	S	Т	0	0	В	0	Ε
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N	Р	Ε	С	S	D	Ε	Α	L	N	I	L	Ε	U
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Ε	M	В	Α	С	K	P	Α	C	K	Α	U	G	R
В	U	С	С	R	Ε	Ε	K	Α	L	Α	T	G	G

CREEK
LEECH
BACKPACK
VISITORS
MEMBERS
BOOTS
MUD
MAPLETON
GROUP
BUSHWALKING
RAIN
LEADER
WATERFALL
MORNING TEA
KUREELPA

Play this puzzle online at : https://thewordsearch.com/puzzle/3610072/

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A shorter edition this month as the weather once again played havoc with our schedule, thanks again to all those who did get out and put down their medicinal hot chocolate to contribute. While the temperatures are dropping, hopefully there will be clearer skies to come for our walking pleasure.

Cheers,

### **Stephen**



